# FAMILY RESOURCE DIRECTORY
March 2009

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QUICK PRENATAL GUIDE

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24 Hour CRISIS HOTLINES

ADULT PROTECTIVE SERVICES HOTLINE ........................................... 800-336-4316 or 558-2637

AMERICAN SOCIAL HEALTH ASSOCIATION ........................................... 1-800-227-8922
   Sexually transmitted disease hotline. Press #1 for English or #2 for Spanish
   www.ashastd.org

CERT (Community Emergency Crisis Response Team) .................................. 558-4600
   800 Scenic Dr. Ste. D, Modesto
   Outpatient (Walk-in Services available clients are evaluated by CERT however psychotic patients or patients are risk of harming themselves will be referred to the hospital)

CHILD PROTECTIVE SERVICES HOTLINE ........................................... 800-558-3665 or 558-3663
   Protective services for children suspected of being physically, sexually, or emotionally abused.

CHILDREN’S CRISIS CENTER .............................................................. 577-4413
   Temporary day or overnight shelter for children in crisis under age 17 yrs.
   Crickets House, Modesto .............................................................. 573-8770
   Guardian House, Oakdale ............................................................. 845-3910
   Marsha’s House, Modesto .............................................................. 578-3180
   Sawyer’s House, Modesto ............................................................. 577-0138
   Vera’s House, Turlock ................................................................. 656-7783

DOMESTIC VIOLENCE HOTLINE: (national) ............................................ 800-799-7233
   Calls are received 24/7

HAVEN WOMEN’S CENTER ................................................................. 800-834-1990 or 577-5980
   Domestic Violence: Emergency shelter for women and their children
   Rape: sexual abuse interventions

HUTTON HOUSE (Teen) .............. 24 hr. emergency telephone line ............... 526-5544
   Drop in counseling for runaway teens. Staff prefers appts. Clients usually are seen within 1-2 days.

LONG TERM CARE OMBUDSMAN ......................................................... 800-231-4024

MCERT (Mobile Community Emergency Response Team)
   Clients are evaluated in the community (mobile van) with the police ............. 558-4600

NATIONAL SUICIDE PREVENTION LIFE-LINE ........................................ 800-273-8255
   Press #1 if you are a veteran or #2 for Spanish (TALK)

POISON CONTROL ................................................................. 800-876-4766
   24 hr. emergency poisoning treatment information .................................... TTY 1-800-972-3323

POST PARTUM DEPRESSION WARMLINE ........................................... 800-944-4773
   This phone is answered for postpartum mom (or their families) experiencing PPD and prenatal disorders. They also accept telephone calls from professionals
   Mon – Fri 9:00 – 3:00 ................................................................. 805-967-7636
   www.postpartum.net
TEEN LINE .................................................................................................................................................. 800-852-8336
For Teens to talk to teens, call from 6 PM – 10 PM

ABORTION

FAMILY PLANNING ASSOCIATES MEDICAL GROUP ................................................................. 578-0443
2030 Coffee Rd. Ste.A-1, Modesto Mon - Fri 8:00 am – 5:00 pm
Abortion up to 17 weeks for Medi-Cal recipients; 18 ½ weeks for others.
Accepts Medi-Cal and other insurance, cash, credit cards or money orders.
Prior authorization required for some insurance plans. Call for information.

PLANNED PARENTHOOD MAR MONTE ..................................................................................... 579-2300
1431 McHenry Avenue, Suite 100 Modesto
Mon , Tues & Fri - 8:30 – 5:00 p.m.
Wed & Thurs - 8:30 – 7:30 PM
2nd & 4th Saturday of each month – 9:00 – 2:00 PM
Appointments can also be made online at www.ppmarmonte.org
Abortions using “the abortion pill” up to the 9th week of pregnancy.
Accepts Medi-Cal, cash and credit cards.

STOCKTON PREGNANCY CONTROL MEDICAL CLINIC ...................................................... 465-5655
3209 N. California, Stockton. M-F 9:00 AM – 5:00 PM
Abortions up to 14 weeks; Accepts Medi-Cal, other insurance, cash,
no PPOs, and credit cards. Call for information.

ADDITION SUPPORT SERVICES

AA OF MODESTO .......................................................... 24 Hr. Line ........................................ 572-2970
Spanish & English meetings (ability of person answering phone to speak
Spanish is variable) www.cviaa.org

ALANON AND ALATEEN ........................................................................................................ 524-3907
Meeting information in English and Spanish. www.ncwsa.org/d18

AMERICAN LUNG ASSOCIATION CALIFORNIA VALLEY LODGE BRANCH ....................... 578-2724
Information regarding smoking cessation classes and
Better Breathers Club for people with COPD.
Meeting times vary by different hospitals

BEHAVIORAL HEALTH & RECOVERY SERVICES

ACCESS Team ................................................................................................................................. 1-888-376-6246
Call to verify your qualification for access to referrals, assessments and services for mental
health and alcohol and/or drug services. All age groups.

Intake and Referral for Medi-Cal beneficiaries ............... 1-888-376-6246
Genesis Narcotic Replacement Therapy ......................................................... 525-6146
800 Scenic Drive, Bldg. 4, Modesto Mon. – Fri. 7:00 AM – 3:00 PM
Outpatient methadone treatment for opiate addiction, pregnant
women given priority for admission, Services in Spanish.
Accepts Medi-Cal and private pay (cash).
**Stanislaus Recovery Center**
1904 Richland Ave., Ceres
Residential treatment for persons with alcohol and drug use concerns; services in Spanish; sliding fee scale. No Medi-Cal or MIA

**Telecare East Modesto Regional Services**
500 N. 9th Street, Ste. A, Modesto
For mental health care in Stanislaus County

**Turlock Regional Services**
2101 Geer Road, Suite 120, Turlock
Will provide alcohol and drug evaluation and alcohol and drug intensive group sessions.

**West Modesto Regional Services**
500 N. 9th Street, Modesto
For individuals living west of McHenry Ave. in Modesto or Salida

**California Council on Problem Gambling**
1-800-426-2537
www.calproblemgambling.org

**California Lottery Problem Gambling Help-Line**
1-888-277-3115
www.calottery.com

**California Smoker’s Help-Line**
Referral hotlines for tobacco education and smoking cessation or self help information.

- Chewing Tobacco: 800-844-2439  Spanish: 800-456-6386
- English: 800-662-8887  TDD/TTY: 800-933-4833
- Korean: 800-556-5564  Vietnamese: 800-778-8440
- Mandarin & Cantonese: 800-838-8917

**Center for Human Services (Teens)**
1700 McHenry Village Way, Suite 11, Modesto
Programs for teens with drug problems; Teen preventative programs. A Friday Night Live @ High School, A Club Live @ (Jr. High) Also provides individual and general counseling for eating disorders etc.

**Doctors Behavioral Health Center**
1501 Claus Road, Modesto
24 Hour Crisis Emergency Services, Outpatient – Walk-in service Services available in English & Spanish.

**Family Support Network**
1405 West F Street, Ste. A, Oakdale
English/Spanish classes and support groups 8:30 - 5:00 Call for date and time of next class

**First Step**
1904 Richland Ave., Ceres
Outpatient & residential drug treatment program for pregnant and parenting women and their children
GAMBLERS ANONYMOUS  Northern California Hotline.............................. 1-800-287-8670  
www.gamblersanonymous.org
LIVING CENTER, THE....... Residential & outpatient alcohol & drug recovery services  
416 Corson Avenue, Modesto. ......................................................... 575-2013  
2101 Geer Road, Ste 304G, Turlock........................................... 664-9292
NARCOTICS ANONYMOUS.....(Help Line)........................................... 526-1817  
Bilingual phone message, information www.stanislausvalleygroups-na.org
NATIONAL COUNCIL ON PROBLEM GAMBLING ............................... 800-522-4700  
www.ncpgambling.org Counseling offered.
NATIONAL NARCOTIC ANONYMOUS  National Help-line.................. 1-800-863-2962 Eng.  
1-888-622-4672 Span.
NATIONAL DRUG ABUSE TREATMENT/ INFO & REFERRAL.................. 1-800-662-4357
NEW HOPE RECOVERY................................................................. 527-9797  
823 E. Orangeburg Avenue, Modesto  
Low cost inpatient / outpatient treatment for drug and alcohol dependency.  
Takes private pay. Scholarships available  Medi-Cal not accepted.
NICOTINE ANONYMOUS............................................................... www.nicotine-anonymous.org
NIRVANA DRUG & ALCOHOL TREATMENT INSTITUTE....................... 579-1103  
1028 Reno Street, Modesto Outpatient Recovery services, sober living facilities,  
detox, counseling. Fee for services Medi-Cal and insurance accepted for some services.
SAN JOAQUIN VALLEY TEEN CHALLENGE......................................... 537-0606  
6643 Faith Home Road, Ceres  
Residential treatment program with religious affiliation (12-16 months) for males  
age 18 and older; Fee is $1500.00/month; clients may cover fee with work and  
sponsorship.  
522 W. Main, Turlock................................................................. 668-8506  
Re-entry center, transitional housing.
STANISLAUS COUNTY HEALTH SERVICES AGENCY........................ 558-5657  
830 Scenic Drive, Modesto  
Smoking cessation education

ADOPTION
BETHANY CHRISTIAN SERVICES.................................................. 522-5121 or 800-454-0454
FAMILY CONNECTIONS ADOPTION SERVICES................................. 524-8844  
1120 Tully Road, Modesto
FAMILIES FIRST............................................................................. 523-3710  
1620 Carpenter Road, C-23, Modesto  
Facilitate foster care placement and adoptions
INDEPENDENT ADOPTION............................................................. 800-877-6736  
800-571-2913  
925-827-2229

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ADULT DAY CARE

ADULT/ALZHEIMER'S DAY CARE and MILLER'S PLACE & Resource Ctr ........................................... 521-0507
730 McHenry Ave., Modesto

ARC / HOWARD TRAINING CENTER ........................................................................................... 538-4000
Job training for disabled
Meals Line - 593-5633

SOS SITTERS OF STANISLAUS or Senior Services ................................................................. 571-8855
In home housekeeping, chores, etc. office closed Fridays

UNITED CEREBRAL PALSY ............................................................................................................. 577-2122
4265 # 2 Spyres Way, Modesto

VALLEY CAREGIVER RESOURCE CENTER ................................................................. 521-1794
1031 McHenry Ave., #4, Modesto
1-800-541-8614

CHILD CARE

EMERGENCY:

CHILD PROTECTIVE SERVICES .................................................................................. 24 hr.: 558-3665
558-3663
Out of County ......................................................................................................................... 800-558-3665

CHILDREN'S CRISIS CENTER .......................................................................................... 24 hr. Crisis line: 577-4413
577-0138
Info line. .................................................................................................................................
8:00 AM-5:00 PM (Emergency overnight) Care for children in crisis; family advocacy
Spanish, Portuguese, and Laotian available

DAY CARE/ PRE-SCHOOL:

CAL-LEARN ......................................................................................................................... 558-8828
A state social services program for pregnant/parenting teens receiving Temporary
Assistance to Needy Families (TANF) who have not graduated from high school.
May reimburse child-care costs for school attendance.

CENTRAL CALIFORNIA CHILD DEVELOPMENT SERVICES .................................. 581-9000
2250 Rockefeller Dr. #1, Ceres
Child Care Centers in Westley, Patterson, Ceres, Empire, Newman, Escalon,
Hughson, and Riverbank districts for children of seasonal or migrant agricultural
workers. Ages: 6 weeks to 5 years.

CHILD CARE RESOURCE & REFERRAL .................................................................... 238-6400
1324 Celeste Dr., Modesto
Information on childcare & licensing; a service of Stan. County Office of
Education lending library for adults on child development, etc. and toy lending
library
CHILD CARE INFO LINE .......................................................... 558-2332
Return call will be received within 24 hours. Subsidized child care information

CHILD/FAMILY SERVICES (Early Head Start: infant-3 yrs./ Head Start: 3-5 yrs old)....... 238-6400
1100 H Street, Modesto 95354

MODESTO CITY SCHOOLS CHILD DEVELOPMENT PROGRAMS..........................  576-4600
1017 Reno Ave., Bldg. C., Modesto Hours 7:30-5 Mon. – Fri.
- Latchkey – Child care program for children grades K-6
- Children’s Center – Child care program for children ages 3-5
- Family Child Care Program – Child care programs for parents who are employed, seeking employment, in school or a training program, or referred by Child Protective Services. Ages: Infants to kindergarten
- State Preschool – Preschool programs for children from low-income families. Age: 3 & 4 yrs.

MODESTO JUNIOR COLLEGE CHILD DEVELOPMENT CENTER.......................... 575-6398, 575-6921
Westside Campus, Bluegum Ave.
12 months to 5 years old
Full day and half day, payment sliding scale from fully subsidized to private pay.

STANISLAUS COUNTY OFFICE OF EDUCATION (SCOE) ........................................  238-1700
Childcare subsidies to families who are employed,
seeking employment, in school or in a training program, or referred by Child Protective Services.
Ages: birth to 13 years. Mon – Fri 8:00 – 5:00

TRUSTLINE ........................................................................................................ 1-800-822-8490
Background check for license-exempt care providers
Mon. – Fri. 9:00am – 5:00pm

CLOTHING

AMERICAN RED CROSS....................................................................................... 523-6451
1230 6th Street, Modesto Hours: 8:30 AM – 4:30 PM
Assists disaster victims, armed forces personnel, veterans and their families.
Offers classes in CPR, first aid, and water safety. Shoes for children K-6 of low-income families and blankets for homeless

COMMUNITY CLOTHES CLOSET–INTERFAITH MINISTRIES.......................... 572-3117
120 Kerr Ave., Modesto
Hours: Mon.- Thurs., 1:00PM – 4:00PM
ID and SSN required for each person requesting clothing. Maternity and infant layettes. Everyone who is requesting clothing must be present.

MODESTO CENTRAL SEVENTH DAY ADVENTIST CHURCH................................. 521-6460
Community Center, 16th & G Street
Tuesdays 10AM-12PM; ID required; once monthly except for extreme emergencies

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MODESTO UNION GOSPEL MISSION
1400 Yosemite Blvd., Modesto
Hours: Be in line by 8:00 AM
Free used clothing, shoes and bedding for the needy

UNIVERSITY SAMPARITANS FOUNDATION
220 S. Broadway, Turlock  Serves areas of Turlock, Keyes, Ceres, Waterford, Denair, Hickman, Hughson and Empire
Hours:  8:30 AM - 4:30 PM  Monday – Friday
Picture ID, SS or medical card, and proof of residence required for each person.  Referrals appreciated and proof of income if applicable.

COMMUNITY GROUPS
COLLABORATIVE
Most offer health & parenting education, Pregnancy assistance and information, resources & referrals.

Airport Neighbors United……………………………………………….….……………………..…
205 S. Santa Cruz Avenue, Modesto
8:30 AM - 2:30 PM, Mon -Thurs.  Closed Friday. Resource referrals, neighborhood environmental improvement, jobs, Healthy Birth Outcomes project, collaboration with Modesto Police Department.  Assistance with applications for Healthy Cubs, Kaiser, Kaiser Kids, TID, MID, PG&E, AIM and Medi-Cal

Casa Del Rio Family Resource Center………………………………………..………..………
2400 Stanislaus Street, Riverbank  8:30AM – 5:30PM, Mon. – Fri.
Parenting support and education, resource and referrals, & counseling by appointment

Ceres Healthy Start……………………………………………………………..…..
2491 Lawrence St., Ceres  8:30 AM – 2:30 PM, Mon. - Fri.
Parenting support and education, life skills education, counseling and case management

Ceres Partnership for Healthy Children…………………………………….…..…
2908 Fourth Street, Ceres  8:00AM – 5:00 PM, Mon. - Fri.
Community outreach, parenting support, youth activities, case management and Healthy Birth Outcomes project

Downey High School Healthy Start………………………………………..…..
1000 Coffee Rd., Modesto  7:30 AM – 3:30 PM, Mon. - Fri.

Family Support Network ………………………………………………………..
1405 West F’ Street, Ste. A, Oakdale  Spanish speaking staff available
Franklin Healthy Start............................................ 575-7364
905 Byron Lane, Modesto  8:00 AM – 4:00 PM, Mon. – Fri.
Spanish speaking staff available

Grayson-Westley Family Resource Center.......................... 894-3188
8 AM – 4:30 PM, Mon. – Fri.

Hanshaw Healthy Start.................................................. 576-4575
1725 Las Vegas Street, Modesto  8:00 AM – 4:00 PM, Mon. – Fri.

Hughson Family Resource Center.................................... 883-2027
6940 Hughson Ave., Hughson  8:00 AM – 5:00 PM, Mon. – Fri.

Mark Twain Health Start............................................... 569-2804
707 S. Emerald Ave, Modesto  8:00 AM – 5:00 PM Mon- Fri

Newman Family Resource Center .................................. 862-0295
1300 Patchett Dr., Newman  8:00 AM – 5:00 PM, Mon. – Fri.

Orville Wright Healthy Start........................................... 569-2952
801 Empire Ave., Modesto  8:00 AM – 5:00 p.m.

Patterson Family Resource Center ................................. 892-6688
118 N. 2nd St., Ste. D, Patterson
Parenting classes held in Sp/Eng. 0-5 yrs. Every Friday at 10:00 am.
Parents with teens every Wed. at 6:00 pm

Peterson Alternative Center for Education (PACE) Healthy Start.... 238-6700
2209 Blue Gum Ave., Modesto  7:00 a.m. – 4:00 p.m.

Robertson Road Healthy Start........................................ 576-4490
1121 Hammond Avenue, Modesto  8:00 – 2:30

Turlock Family Resource Center.................................... 668-6118 ext. 7001
352A E. Olive Avenue, Suite A & C, Turlock

West Modesto King Kennedy Neighborhood Collaborative......... 522-6902
601 Martin Luther King Drive, Modesto  9:00 AM - 5:00 PM, Mon.- Fri.

HISPANIC CHAMBER OF COMMERCE ................................. 846-2660
1314 H Street, Modesto

HISPANIC LEADERSHIP COUNCIL ................................ 523-2860
Meets every Friday morning from 7:00 AM - 8:00 AM at the Double Tree Hotel, Modesto
www.hispanicleadershipcouncil.net

THE BRIDGE........................................................................ 571-8430
605 Chicago Ave., Modesto.
Enculturation services for Southeast Asian families; Numerous programs including
translation services, tutoring, health information, and referrals to other agencies.
CONSUMER INFORMATION

211 STANISLAUS UNITED WAY .................................................. 572-2255
422 McHenry Ave, Modesto, Hours: Monday - Friday 7:00am - 4:30pm 24 Hours - 211

AREA AGENCY ON AGING .......................................................... 558-8698
121 Downey Ave, Suite 102, Modesto, 95354 1-800-510-2020
Information and referral for the elderly population. Senior care giver information and assistance Mon – Fri 8:00am – 5:00pm

BETTER BUSINESS BUREAU ...................................................... 1-800-948-4880
Hours: Monday – Friday 9:00 a.m. – 12:00 p.m. 1:00 p.m. – 4:00 p.m.
(Stay on line to speak to a staff member.) www.bbb.org

TOLL FREE LINE (HEALTH SERVICES AGENCY) .................. 1-800-834-8171
Telephone service to promote greater access to information about health care providers, health related programs and to provide referrals to community health and social services.

COUNSELING CENTERS

CENTER FOR HUMAN SERVICES ........................................... 526-1440
1700 McHenry Village, Ste. 14, Modesto
Counseling for families, children and individuals. Medi-Cal accepted

CENTRAL VALLEY COUNSELING CENTER .............................. 845-9037
145 North 2nd Ave., Ste. 1, Oakdale
Assistance with depression, anxiety, anger management, substance abuse, relationships and family. Evening and weekend appointments.

EL CONCILIO COMMUNITY CENTER ................................. 523-2860
1314 H Street, Modesto
Drug and alcohol substance abuse, depression, counseling programs, homelessness, crisis intervention, health and parent education

FIRST STEP ................................................................. 541-2118
Residential and outpatient substance abuse treatment program for parenting and pregnant women. Childcare provided along with parenting programs.

HAVEN WOMEN’S CENTER ................................................. 524-2045
Domestic Violence 24 Hr Crisis line .............. 577-5980
619 13th Street, Ste. 1, Modesto
Offering individual counseling focusing on domestic violence or sexual assault issues. Provides support and assistance with temporary restraining orders, emergency shelter for women in high danger and case management along with life skills classes.

OAKDALE CHRISTIAN COUNSELING CENTER .................. 845-2827
Oakdale
Marriage, family, individual counseling, call for dates and times

SIERRA VISTA CHLD AND FAMILY SERVICES .................. 523-4573
1400 K Street, Ste. F, Modesto
145 North 2nd Avenue, Ste. 10, Oakdale 848-6018
Individual, group and child counseling, life skills education, alcohol and drug counseling.

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DEATH & BEREAVEMENT

BEREAVED PARENT SUPPORT GROUP.....(Hospice of Emanuel).......................... 668-5283
1850 Colorado Ave., Turlock, 95380
Emanuel Medical Center, (mailing address) 825 Delbon Ave., 8am – 5:00pm,
Nurse available 24

COMMUNITY HOSPICE................................................................. 578-6300
4368 Spyres Way, Modesto 8:00am – 4:30pm
Volunteer care for terminally ill, bereavement counseling and support

DENTISTS
(Listed by city)

DENTAL REFERRAL SERVICE................................................................. 1-800-336-8478
Available 24 hours information and referrals Or 1-800-Dentist

CENTRAL CA DENTAL SURGI-CENTER................................................. 381-2047
3605 Hospital Road, Suite H, Atwater
Mentally or physically disabled children and adults covered by Medi-Cal or Blue
Cross Medi-Cal. Children under 9 years old do not have to be disabled. Adults
must have a disability to be seen.

SALIDA SURGICAL CENTER............................................................... 209-543-9299
5712 Pirrone Rd, Salida, 95368

DENTISTS ACCEPTING MEDI-CAL

HUGHSON

HUGHSON FAMILY DENTISTRY......................................................... 883-4477
7206 Hughson Ave., Hughson (no pregnant woman)
Ages 5 & older; accepts Healthy Families, Medi-Cal, Medi-Cal Mang. Care

MODESTO

ABC DENTAL....................................................................................... 491-2223
2020 Coffee Road, Suite G2, Modesto (will see pregnant women with a doctors note)
Accepts Medical Ages 5 and older; Languages: Spanish

ACCESS DENTAL
2605 Coffee Road, Suite 200, Modesto.................................................. 521-0100
1440 E. Hatch Rd, Modesto............................................................... 531-2000
Hatch Rd Ages 3 and older - Coffee Rd. takes 5 and older; accepts Healthy
Families and Medi-cal; Will see pregnant woman with doctor’s note;
Languages: Spanish

ALEXANDER, MICHAEL, D.D.S.......................................................... 571-3225
140 McHenry Ave., #9, Modesto
Children only, up to 17 years; accepts Healthy Families through Delta Dental Only;
Languages: Spanish
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<th><strong>GOLDEN VALLEY HEALTH CENTER – DENTAL CLINICS</strong></th>
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| 1121 Hammond St., Modesto
Mon - Thurs. 8-5; ages 4 & older; accepts Healthy Families and Medi-cal; Will see pregnant women with note from doctor; Languages: Spanish | **576-4437** |
| 1717 Las Vegas, Modesto
Mon. - Fri. 8-4:30; ages 4 & older; accepts Healthy Families Dental and regular Medi-cal (no Health Net or emergency Medi-cal); Will see pregnant women with doctors note; Languages: Spanish | **556-5044** |

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<tbody>
<tr>
<td>1130 Coffee Road, Ste. 9-A, Modesto (Includes Orthodontia)</td>
<td><strong>522-8783</strong></td>
</tr>
<tr>
<td>Ages 5 &amp; older; Healthy Families; Languages: Spanish speakers are to bring translator to visit</td>
<td></td>
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</tbody>
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<thead>
<tr>
<th><strong>LE, NIOC THANH, D.D.S.</strong></th>
<th><strong>Phone</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>1100 Carver Road, #5</td>
<td><strong>577-6959</strong></td>
</tr>
<tr>
<td>Ages 4 and older; Accepts Medi-cal and Healthy Families</td>
<td></td>
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</tbody>
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<thead>
<tr>
<th><strong>STANDIFORD DENTAL</strong></th>
<th><strong>Phone</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>2900 Standiford Ave. #19, Modesto</td>
<td><strong>579-0446</strong></td>
</tr>
<tr>
<td>Children ages 6 years – adults; Accepts Healthy Families; Languages: Spanish</td>
<td></td>
</tr>
</tbody>
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<thead>
<tr>
<th><strong>THOMPSON, KENNETH, D.D.S.</strong></th>
<th><strong>Phone</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>4213 Dale Rd. Suite #5, 95356</td>
<td><strong>545-4760</strong></td>
</tr>
<tr>
<td>Ages 4 &amp; older; Accepts Healthy Families; Will see pregnant women with doctor note; Languages: Cambodian, Mandarin</td>
<td></td>
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<thead>
<tr>
<th><strong>VO, MAI, D.D.S.</strong></th>
<th><strong>Phone</strong></th>
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</thead>
<tbody>
<tr>
<td>2020 Coffee Road, Suite A-4, Modesto</td>
<td><strong>527-7550</strong></td>
</tr>
<tr>
<td>Ages 4 and older; Accepts Health Net, Healthy Families and Delta Dental; Will see pregnant women; Languages: Cambodian, Vietnamese, Laotian</td>
<td></td>
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</tbody>
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<thead>
<tr>
<th><strong>WESTERN DENTAL CENTER</strong></th>
<th><strong>Phone</strong></th>
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</thead>
<tbody>
<tr>
<td>2045 W. Briggsmore Ave., Modesto</td>
<td><strong>527-3000</strong></td>
</tr>
<tr>
<td>Ages 10 and older; accepts Medi-cal, Healthy Families, Blue Cross and Health Net; Will see pregnant women with Dr. Referral; Languages: Spanish</td>
<td></td>
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<tr>
<th><strong>OAKDALE</strong></th>
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<tr>
<th><strong>RIVER OAK DENTAL SPA (Tourtlotte, Christina, D.D.S.)</strong></th>
<th><strong>Phone</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>1473 East ‘G’ St., Ste. C, Oakdale.</td>
<td><strong>848-8074</strong></td>
</tr>
<tr>
<td>Children age 2 years and up; adults-only for emergencies; Will see pregnant women with doctors note</td>
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<tr>
<th><strong>PATTERSON</strong></th>
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<tr>
<th><strong>GOLDEN VALLEY HEALTH CENTER</strong></th>
<th><strong>Phone</strong></th>
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</thead>
<tbody>
<tr>
<td>200 ‘C’ Street, Patterson</td>
<td><strong>892-6307</strong></td>
</tr>
<tr>
<td>Ages 5 &amp; older; accepts Healthy Families; Will see pregnant women with doctors note; Languages: Spanish</td>
<td></td>
</tr>
</tbody>
</table>
RIVERBANK DENTAL PRACTICE

3324 Santa Fe St., Riverbank
Ages 4 & older; Healthy Families & Medi-cal; Will see pregnant women with doctor’s note; Languages: Spanish

RIVERBANK

TURLOCK

BALISHA, CHARLES, D.S.S.

215 N. Thor, #A, Turlock
Ages 5 & older; accepts Healthy Families (no emergency Medi-cal); Will see pregnant women with doctors note; Languages: Spanish

CENTRAL DENTAL GROUP

2211 Fulkerth Road, Turlock
Ages 5 & older; Healthy Families (no emergency Medi-cal); Will see pregnant women with doctors note; Languages: Spanish

ESSAPOUR, ANTONIO, D.D.S.

875 East Canal Drive, #11, Turlock
Ages 4 and up; Healthy Families; Languages: Assyrian, Farsi, and Spanish

INFINITY DENTAL... (Previously Precision Dental)

795 E. Olive Ave., #B, Turlock
Ages 6 and older; accepts Healthy Families, Blue Cross and Health Net; will see pregnant women with medical clearance (1st trimester only if toothache) Spanish

ORAL SURGEONS (Paul Hansen, Ajay R. Patel)

1065 Colorado St., #1, Turlock
Medi-Cal clients from Turlock area & Merced Co. Accepts Medi-Cal Blue Cross/Health Net. Takes pregnant women any trimester with referral from MD and medical release form.

WESTERN DENTAL CENTER

703 N. Golden State Blvd., Turlock
Ages 6 and older; accepts Healthy Families; Spanish; Must have insurance card. Will take pregnant women with Dr. Referral

DEVELOPMENTAL SERVICES

CALIFORNIA CHILDREN'S SERVICES

830 Scenic Drive, Bldg. B, 3rd Floor, Modesto

EARLY INTERVENTION PROGRAM (School System Service)

1336 Stonum Rd., Modesto Assessment Office 541-2325
Hours: M – F - 7 – 4:30 Infant, Toddler & Preschool program 541-2330
Refer to Assessment Team Stanislaus County - (They do NOT service Modesto City Schools)
Infant & Toddlers Age 0-3 years – Preschool 3-5 years old

**EARLY START & EVALUATION STATION** ................................................................. 558-4118
4640 Spyres Way, #7, Modesto
Special needs children ages 0-3 years. May be self-referred, English and Spanish
Hours: Monday – Friday 7:00 – 4:30 p.m.
www.earlystartevaluations.org

**HIGH RISK INFANT FOLLOW-UP PROGRAM** .................................................. 576-3956
1441 Florida Ave., Modesto
Special needs children, born at risk, referred by hospital or self-referrals
Ages up to 2 years.

**JOHN F. KENNEDY CENTER FOR SPECIAL EDUCATION** .......................... 541-2320
1336 Stonum Rd., Modesto
Serves severely handicapped persons, ages 6-23.

**LEAPS AND BOUNDS** ..................................................................................... 558-4595
4640 Spyres Way, Modesto
Childcare consultations (Specialized child care consultation project)

**SIERRA VISTA ADHD CLINIC** ........................................................................ 550-5850
916 McHenry Ave., Modesto
May self-ref. Ages 6-18. Hours: Mon. & Wed. 8-7
Tues. & Thurs. 8-6
Friday 8-5

**SIERRA VISTA EARLY INTERVENTION PROGRAM AND CHILDREN'S SERVICES** 550-5869
1400 K Street, Ste. B, Modesto
Ages birth – 5 years Outpatient child and family counseling,
behavioral plans; at Head Starts accepts Medi-Cal

**SIERRA VISTA OUTPATIENT PROGRAM, CHILD AND FAMILY SERVICES** 550-5869
1400 K Street, Ste. B, Modesto
Ages 6-17 years Outpatient child and family counseling, behavioral
plans accepts Medi-Cal

**VALLEY MOUNTAIN REGIONAL CENTER** .................................................. 529-2626
1620 Cummins Drive, Modesto – Mon – Fri. 8:00 – 5:00

**DISABILITY SUPPORT SERVICES**

**CALIFORNIA COUNCIL OF THE BLIND** ...................................................... 800-221-6359
Membership group of visually impaired persons

**DISABILITY RESOURCE AGENCY FOR INDEPENDENT LIVING (DRAIL)** 521-7260
920 12th Street, Modesto
Assistance with housing, benefits counseling, personal assistants, access issues.
Walk-in’s Welcome. Hours: 9:00 a.m. – 5:00 p.m. Monday – Friday
(Closed 12:00 – 1:00)
EAR OF THE LION .......................................................... 523-9403
2012 Canyon Lake Drive, Modesto 95355
Provide assistance in getting hearing aides

LEAPS AND BOUNDS .......................................................... 558-4595
4640 Spyres Way, Modesto
Childcare Consultations (Specialized Child Care Consultations Project)

LIONS CLUB .......................................................... 521-5568
502 Northwood Drive, Modesto 95350-3142
Provide assistance in getting eyeglasses

SOCIETY FOR HANDICAPPED CHILDREN AND ADULTS ......... 524-3536
1129 8th St., Ste. 101, Modesto
Adaptive recreation, transportation to Doctor’s appointments, pick up groceries,
sign language classes, loans of adaptive equipment for handicapped children and
adults. Special funds may be available for those unable to pay for adaptive
equipment. Hours: Monday – Friday 8:00 a.m. – 2:00 p.m.

STROKE RESOURCES, Inc. .......................................................... 521-1786
PO Box 577321, Modesto 95357
A self-help group that provides education, socialization, water therapy, periodic
conferences and resources to stroke survivors and their families
Contact Person: Bettie Laird, MSW  Also, 523-1135, 523-2378

VALLEY CAREGIVER RESOURCE CENTER .................................................. 521-1794 or 800-541-8614
1031 McHenry Ave., Ste 4, Modesto
Counseling, respite, support, education for caregivers; case management

VISION IMPAIRED PERSONS SUPPORT .................................................. 522-8477
618 14th Street, Modesto, Hours: 8:00 AM – 4:30 PM Mon. – Fri.  577-3519
Training in independent living skills, Braille computer use & support groups, all
ages. No cost.

EDUCATION

ADULT G.E.D. CLASSES
Ceres Adult School .......................................................... 556-1557
Elliot Education Center (ADULT) .......................................................... 576-4622

Modesto Junior College .................................................. GED/Counseling 575-6080
Admissions/GED 575-6853
Oakdale/Riverbank/Waterford .................................................. 847-9609
Mon – Thurs. 8am – 1pm & 2pm – 5pm – Also has Spanish GED Classes

Stanislaus County Office of Education .................................................. 238-6502
715 13th St., Modesto (between G & H)
Official Testing Center Only  Kim Hansen

Turlock Adult School .......................................................... 667-0643
ALTERNATIVE/CONTINUATION PROGRAMS

CERES
Argus Continuation High School & Endeavor ................................................................. 538-0171
2555 Lawrence St., Ceres, 95307

Ceres Community School ................................................................. 541-2418
1905 Memorial Dr., Gate 3. Building 1 - Ceres
Mon. – Fri. 8:00am – 12:00pm  Tue. Wed. Thurs.12:30 - 2:30pm

EMPIRE
Empire Community School ................................................................. 558-5346
5101 E. Yosemite Blvd., Empire
Mon 8:00 – Noon
Tues – Fri – 8:00 – 3:00 pm

HUGHSON
Billy Joe Dickens Continuation High School ............................................................. 883-4182
6937 Fox Road, Hughson
Mon. – Fri. 7:15am – 3:30pm

MODESTO
Advanced Path Academy ....................................................................................... 844-9222
1717 Sylvan Ave., Modesto Beyer High School

Cal SAFE (Elliott Education Center) ........................................................................... 569-2997
Teen Parenting Program/Child care ........................................................................... 576-4624
1440 Sunrise Ave., Modesto
For pregnant/parenting high school teens

Elliot Continuation School ..................................................................................... 576-4005
1440 Sunrise Ave., Modesto
Mon. – Fri. 7:00am – 9:30pm

Peterson Alternative Center for Education (PACE) .................................................. 238-6701
2209 Blue Gum Ave., Modesto
For youth no longer accepted in traditional high school.
Mon - Fri  7:30 a.m. – 5:00 p.m.

READING WORKS

Reading/GED Lab ................................................................................................. 548-9266
1120 13th St., Ste. B, Modesto

Stanislaus County Library ................................................................. 558-4505
1500 I Street, Modesto

Turlock Salvation Army .......................................................................................... 634-1819
892 Lander, Turlock

West Modesto ................................................................................................. 558-5016
401 Paradise Rd., Ste. E, Modesto

Regional Occupation Program (ROP) ................................................................. 576-4166
1017 Reno Avenue, Modesto  Mon. - Fri. 7:30 – 4:00pm
Statewide program which provides no-cost entry level position technical job skills typically at local high school sites. Some off site classes - 16 years and older. Open to adults.

**School To Career**

- **576-4164**
  - 1017 Reno Ave., Ste. B, Modesto - Mon. - Fri. 7:30am - 4:00pm
  - Career guidance, training, counseling & vocational training

Valley Charter High School

- 108 Campus Way, Modesto
  - 238-6800

**NEWMAN**

West Side Valley High School

- 908 Main Street, Newman
  - 862-2412

**OAKDALE**

East Stanislaus High School

- 250 Hinckley Ave., Oakdale - Mon. - Fri. 7:15AM - 3:45PM
  - 847-1735

**PATTERSON**

Del Puerto High School

- 640 ‘M’ Street, Patterson - Mon. - Fri. 7:30AM - 4:00PM
  - 892-7463

Patterson Community School

- 529 ‘F’ St., Patterson - Main Registration
  - 892-3506
  - 238-6600
  - **Independent Study Site Only**
    - Mon. 8:00 AM – 12:00 PM; Tue. – Thurs. 8:00AM – 3:00PM;
    - Fri. 8:00AM – 2:00PM

**TURLOCK**

Freedom Education Center

- 1663 E. Marshall St., Turlock - Mon. – Fri. 7:30AM – 4:00PM
  - 669-3410

John B. Allard School

- 350 N. Kilroy, Turlock - Mon. – Thurs. 7:30am – 4:30pm
  - Fri. 7:00 – 4:00
  - 238-6600

Roselawn Continuation High School

- 312 S. Roselawn Avenue, Turlock - Mon. – Fri. 7:30– 4:00PM
  - 634-9311

**WATERFORD**

Connecting Waters Charter School

- 12420 Bently St., Waterford - Mon - Fri. 8:00 - 4:00
  - 874-9463

**COLLEGES**

California State University, Stanislaus

- Information
  - 667-3122

EDUCATIONAL OPPORTUNITY PROGRAM

- Provides career and academic counseling.
- Grants to eligible low-income EOP individuals are available through Financial Aid Office. Hours: Monday – Friday 8:00 – 5:00
  - 667-3108

Community Continuum College

- 1731 Colorado Ave, Turlock - Mon – Fri 8:30am – 4pm
  - Learning program for developmentally disabled adults and graduates.
  - Referrals required. Must be a VMRC client
  - 632-2406

Modesto Institute for Continued Learning (MICL)

- 575-6359

Developed by Stanislaus County Health Services Agency, Community Health Services for community distribution. Not for re-sale. May be reproduced. 3/09
Learning for seniors; 3 & 5 week sessions;  
MJC West Campus; M – Th 10:00 a.m. - 12:00 p.m. & 1:00 – 3:00 p.m.;  
Friday are movie days

Modesto Junior College........................................................................................................575-6062
435 College Ave, Modesto, 95350

University of California Merced..........................................................................................228-4400
5200 North Lake Road, Merced 95343

Yosemite Community College District..............................................................................575-6498
For Modesto Junior College & Columbia College

HOWARD TRAINING CENTER...............................................................................................538-4000
1424 Stonum Road, Modesto, 18 yrs and older  
Education for mentally and physically handicapped adults (18 years and older)

JOB CORPS  (Stanislaus & San Joaquin Counties) ..............................................................579-5786
948 11th Street, Ste 11G  Modesto  M-F - 8 – 5 PM 
Vocational training for WOMEN 16-24 who meet income guidelines
Website www.jobcorps@dol.gov

JOB CORPS  (For Stanislaus County MALES) ..................................................................559-233-3868
1900 Mariposa Mall, Ste 360. Fresno  M-F 8-4:30 PM 
Vocational training for MALES 16 – 24 years who meet income guidelines
Website www.jobcorps@dol.gov

READING WORKS..............................................................................................................548-9266
1120 13th St. Ste. B Modesto 
Mon – Wed. 9:00am – 6:00pm Tues. & Thurs. 9:00 – 8:00 p.m.  Closed Friday 
Provides GED prep, adult literacy – adults learn to read or improve their 
reading for job skills – these services are free

EMPLOYMENT

ALLIANCE WORKNET
251 E. Hackett Road, Modesto........................................................................................558-2100
629 12th Street, Modesto.................................................................................................558-8556
work line 58-WORK (558-9675)

125 N. Broadway, Turlock..............................................................................................664-8306
Job training, job placement assistance, resume development , typing certificate at 
no charge, career counseling, assessment, On-the-Job Training. 
Basic eligibility must be met to be enrolled for these services.

ARBOR OF STANISLAUS.....................................................................................................522-5098
948 11th Street Ste. 37, Modesto, Mon – Fri 8:00am – 4:00pm 
Job training and employment related services. Supportive services referrals.

CALIFORNIA CONSERVATION CORPS..................................................................1/800-952-5627 or 916-341-3100
1719 – 24th Street, Sacramento  Mon – Fri 8:00am - 5pm  www.ccc.ca.gov 
Provides education and job opportunities for eligible youths, ages 18-25. No fee
CALIFORNIA INDIAN MANPOWER CONSORTIUM, INC. ..................................................... 800-640-2462
738 N. Market Blvd., Sacramento, 95834  Mon - Fri 8:00 am - 5:00 pm  916-564-4053
Job training and employment related services for Native Americans, Native Alaskans, and Native Hawaiians who are unemployed or economically disadvantaged. Emergency assistance, community services, and block grants for housing and food assistance for Native Americans.

CALIFORNIA STATE REHABILITATION DEPARTMENT ........................................... 576-6220
1209 Woodrow Ave., Ste #B-1, Modesto 95350, Mon - Fri 8:00 am - 5:00 pm
Services for individuals with physical or mental disabilities.

COMMUNITY CONTINUUM COLLEGE ...................................................................... 632-2406
1731 Colorado Ave, Turlock  Mon - Fri 8:30am - 4pm
Learning program for developmentally disabled adults and graduates. Referrals required.

C.V.O.C. (Central Valley Opportunity Center) ......................................................... 577-3210
1581 Cummins Dr., Ste. 100, Modesto
Non-profit organization, offers free vocational training to low-income county residents, assists with job placement, GED, ESL, rental and energy assistance, emergency shelter and food vouchers.

EMPLOYMENT DEVELOPMENT DEPT. (EDD) ...................................................... 576-6118
629 - 12th Street, Modesto.......................................................................................... 576-6118
125 N. Broadway, Turlock......................................................................................... 669-2955
Assistance with job placement.

HAVEN WOMEN’S CENTER .................................................................................... 524-4331
619 - 13th Street, Suite I, Modesto
Personal counseling, support group, crisis intervention, pre-employment guidance, self-employment workshops, case management, legal assistance and youth services.

HOWARD TRAINING CENTER ................................................................................ 538-4000
1424 Stonum Road, Modesto, 18 yrs and older
Education for mentally and physically handicapped adults (18 years and older)

REGIONAL OCCUPATION PROGRAM (ROP) ......................................................... 576-4166
1017 B Reno Avenue, Modesto
Statewide program which provides no-cost entry level position technical job skills typically at local high school sites. Some off site classes – 16 years and older.
Open to adults.

School To Career ...................................................................................................... 576-4096
1017 Reno Ave., Building B, Modesto
Career guidance, training, counseling (Includes youth, 14 - 21 yrs.)

STANISLAUS CAREER NETWORK RESOURCE CENTERS ................................... 558-2100
251 E. Hackett Rd. C-2, Modesto .............................................................................. 558-2100
629 12th Street, Modesto .......................................................................................... 558-6142
The foster grandparent and senior companion programs are for senior 60 years or older and on a limited income. As a volunteer, you receive a monthly stipend which does not affect any of your benefits. As a volunteer, you will assist two developmentally disabled children or adults in either a classroom or a day program. Please contact Mara King, program manager at 955-3351.

FAMILY PLANNING
(Listed by city)

CERES

CERES MEDICAL OFFICE.......................................................... 541-2929
3109 Whitmore Ave.

HUGHSON

HUGHSON MEDICAL OFFICE.......................................................... 558-7250
2412 3rd St.

MODESTO

ADAMS, FRED, MD.......................................................... 575-5844
1400 Florida Avenue, Ste. 205A, Modesto, 95350

FAMILY PRACTICE CENTER.......................................................... 558-4000
401 Paradise Road, Bldg. E, Modesto

GOLDEN VALLEY HEALTH CENTER............................................ 574-1365
1510 Florida Ave., Ste. B, Modesto

GOLDEN VALLEY HEALTH CENTER............................................ 576-2845
1114 6th St., Modesto

GOLDEN VALLEY HEALTH CENTER............................................ 576-4200
1717 Las Vegas St., Modesto

MCHENRY MEDICAL OFFICE..................................................... 558-5312
1209 Woodrow Ave., Ste. B-10, Modesto

MODESTO ARTS MEDICAL GROUP............................................ 522-1027
1400 Florida Ave., Ste 207

MOMOBILE (Medical Outreach Mobile)........................................ 574-1377
Locations vary
Primary health care services, CHDP, OB Monday – Friday hours vary call for schedule

PALITZ, HARVEY, MD.......................................................... 575-5885
PARADISE MEDICAL OFFICE ................................................................. 558-4000
401 Paradise Rd. Bldg. E

PLANNED PARENTHOOD MAR MONTE ........................................... 579-2300
1431 McHenry Ave., Ste. 100
Also provides all reproductive health services including cancer screening, physical exams,
birth control, STI testing, Rapid HIV testing, etc. Provides prenatal care services for Medi-
Cal patients only.

SIERRA HEALTH CENTER ................................................................. 526-5770
1801 Tully Rd., Ste. F

NEWMAN

GOLDEN VALLEY HEALTH CENTER ................................................. 862-0270
637 Merced Street

OAKDALE

OAK VALLEY WOMEN’S HEALTH AND PREGNATAL CENTER .............. 848-4180
1420 West H St.

PATHWAYS HEALTHCARE ............................................................... 848-8410
190 S. Oak Ave., Bldg. 1, Ste. 4 Family Practice

PATTERSON

GOLDEN VALLEY HEALTH CENTER ................................................. 892-8441
200 ‘C’ St.

RIVERBANK

RIVERBANK COMMUNITY HEALTH CENTER ................................... 869-8102
3303 Stanislaus St.,

RIVERBANK OB/GYN (Women to Women Medical Group) .................... 869-5678
2603 Patterson Rd., Ste. 2

TURLOCK

GOLDEN VALLEY HEALTH CLINIC .................................................. 667-2749
1141 N. Olive Ave, Turlock, 95380

SANCHEZ, FELIX, MD ........................................................................ 667-8544
90 Delbon Ave.

TURLOCK MEDICAL OFFICE ............................................................. 664-8000
800 Delbon Ave.
FINANCIAL AID

AUTOMOTIVE REPAIR BUREAU ...Dept of Consumer Affairs..........................1-800-952-5210
Financial assistance for smog checks and auto repair; call for packet;
www.dca.ca.gov

C.H.S.S.-RENT ASSISTANCE...(Community Housing & Shelter Service)........527-0444
823 15TH St., Modesto. Mon. - Fri. 9:00AM - 4:00PM

CITY OF MODESTO (Home repair)...(Parks, Recreation & Neighborhoods Dept.)..........577-5311
Assistance with down payment (Housing rehab program)
1010 10Th St., Ste. 4300, Modesto

C.V.O.C.-UTILITY ASSISTANCE...(HEAP - local number).............................537-9217
Assistance with energy bill

EMPLOYMENT DEVELOPMENT DEPARTMENT...(Sacramento).........................1-800-300-5616
Unemployment Insurance claims
www.edd.ca.gov

FOOD STAMP PROGRAM               Apply at office.
Modesto (Main Office)
251 E. Hackett Road, Modesto...........................Information........558-2777
Phone line M-F 8:30 - 12:00  1:00 - 4:30
Apply at office, 8:00AM - 5:00PM, Mon., Tues, Thurs, Friday 8:00 - 5:00
Wed. 8:00 - 6:30 p.m.

401 Paradise Road, Ste. E, Modesto...............................558-5142
Mon. - Fri. 8:00am - 5:00pm. By appointment only

1014 A Scenic Drive, Modesto room 1014 A ........................................558-4820
Mon. - Fri. 8:00 - 5:00 by appointment only

Hughson
2413 3RD Street...............................................................558-4564

Turlock
101 Lander Ave., Turlock...(Turlock and Denair).............................664-8140
Apply at office, 8:00AM -12:00PM, Mon. - Fri.
271 Third St. ..............................................................664-8300
Mon. - Fri. 8:00 - 5:00

GENERAL ASSISTANCE............................................................1-800-962-4468
251 E. Hackett Rd, Modesto 8:30am - 12noon, 1pm - 4:30pm Mon. - Fri. Apply at office
or over the phone for Medi-cal, food stamps & cash aid.
Online is only for food stamps options, or may use on line to print Medi-Cal application
www.c4yourself.com

HOME ENERGY ASSISTANCE PROGRAM (H.E.A.P.).................................1-866-675-6623
Representative assistance 7:30am - 12pm and 1:15pm - 4:50pm.
Automated assistance 24/7 Note: the agency no longer accepts walk-ins
527-0978
www.csd.ca.gov
MID CARES
Your enrollment reduces your fixed monthly charge from $12.50 to $5.00, and includes a 22% discount on the remainder of your bill for a period of three years, or as long as you qualify.

SALLY'S PLACE
625 I Street, Modesto
Daily service, offers seniors an opportunity to network with each other daily.
Snacks/meals provided (8-10:30am). Assistance is available in filling out various forms and help in paying utility bills.
Anyone with 2-week orange striped utility notice........................................521-6249
Any senior with utility disconnect notice....................................................523-7577
Assistance with funding the 2 week orange striped utility notice and the utility disconnect notice, only if funds are available.

SALVATION ARMY (REACH)
Mondays & Wednesdays: 1:30 PM - 3:30 PM. Appointments only
Call for a list of services

SOCIAL SECURITY
1521 N. Carpenter Rd., Modesto 9:00AM – 4:00PM
www.socialsecurity.gov

STANWORKS TANF (Temporary Aid to Needy Families)
251 E. Hackett Road, Modesto
Apply at office Mon, Tues, Thurs., Fri 8:00AM–5:00PM,
Wed 8:00AM– 6:30 PM last application taken at 5:30 PM; you may request an application by phone Financial support to families with minor children, MediCal, Food Stamp, EBT, Food Shelter

STATE DISABILITY INSURANCE (SDI)

TID CARES
Must provide proof of income and provide identification for all adults living in the home.

VETERAN’S SERVICES
121 Downey Ave., Ste. 102, Modesto
VA Medical on McHenry.................................................................557-6200
Mon. - Fri. 8-4:30
Provides counseling, referrals, and access to veteran’s benefits. No medical services at this location.
FINANCIAL COUNSELING

CONSUMER CREDIT COUNSELING SERVICE...(By Design Financial Services)........1-800-750-2227
Mon.-Sat. 8:00-5:00 Appointments available in Modesto. 522-1261
Mortgages, Credit Care and Bankruptcy help
www.bydesignsolutions.org

FOOD

AMERICAN RED CROSS ................................................................. 523-6451
1230 - 6TH Street Modesto
Provides food during disasters. Blanket program – in person 1 at a time.
Shoe program for kids

CALVARY TEMPLE CHURCH .......................................................... 529-7346
1601 Coffee Road, Modesto
8-8:30 register at Nineveh Care Center after registering there will be a 20 minute
meeting by 9:00 you will receive 2 bags of groceries

COMMODITIES FOOD PROGRAM (Salvation Army)............................ 577-3600
Food distribution in every city and town in the county. Will inform caller of nearest site.
Requires address, and ID for each person in the household.

COMMODITY SUPPLEMENT FOOD PROGRAM ................................ 524-5488
17 Winmore, Modesto
Call for location. Eligibility limited to low income pregnant or postpartum women not
receiving WIC, children 0-5 years who are not receiving WIC, and seniors 60 years or
older

COMMUNITY SHARING CHRISTIAN CENTER .................................. 847-3401
579 Center Street, Oakdale Tues 8 AM - 11:30 AM
Requires ID, proof of income, resident Oakdale area, # of people in household

CENTRAL GENERAL BAPTIST CHURCH ....................................... 538-7545
944 N. Central Ave., Ceres
Food bank open every third Sunday of the month at 12:15

CERES PARTNERSHIP FOR HEALTHY CHILDREN ............................... 541-0101
2908 4TH Street, Ceres
Bread give-away every Wednesday starting at 8:00 a.m. until supplies are gone
(Bread, pastries and yogurt)

COMMUNITY SERVICES PROGRAM OF 7TH DAY ADVENTIST CHURCH ....... 538-1024
1633 N. Central Ave., Ceres
Community service hours: Tuesday 9-12 and 1-3
Proof of income and residence – must reside in Ceres
(Food, clothing and furniture) Bread give-away start at 10:30 and continue until gone.
DAILY BREAD MINISTRIES

Daily bread ministries serves a free lunch seven days a week at the following locations in Modesto
Tower Park 17th & G Mono Park Mono Dr. and Santa Rita
Oregon Park Oregon and Kerr 4th Street Park G & 4th
James Marshall Park Western Ave & MLK Dr. Robertson Road Park Pelton & Hammond
Riverdale Rd. Corner of Rosemore and Riverdale

EMERGENCY FOOD BOX

2413 3rd Street, Hughson 4th Mon & Thurs 9 Am - 12 PM
For Hughson residents only—Requires proof of income, residence, and ID for each member of household.

FIRST SOUTHERN BAPTIST CHURCH

2813 e. Don Pedro Road, Ceres 10 AM - 2 PM
Eligibility limited to residents of zip codes: 95307, 95328, portions of 95351, 95358. Requires proof of income, residence, and ID.

INTERFAITH MINISTRIES

120 Kerr Avenue, Modesto Mon-Fri : 8:30 AM – 11:30 AM
ID required, SS card for children, proof of address for previous month. Send client with referral if possible. Eligible for food donations every two months

MEALS ON WHEELS

Turlock residents (contact Linda Simmons

MODESTO UNION GOSPEL MISSION

1400 Yosemite Blvd., Modesto Breakfast: 6:30 AM Dinner: 6:30 PM after chapel service

OUR LADY OF FATIMA CHURCH/ST. VINCENT DE PAUL

505 w. Granger Ave., Modesto Food vouchers done by appointment only

POTTER HOUSE

2519 Service Road, Ceres Bread give-away every Tuesday at 6:00 p.m. until gone.
Bread give-away will take place at Colony Park Estates (Mobil Park) 3939 Central, Ceres

SACRED HEART CATHOLIC CHURCH/ST. VINCENT DE PAUL

1301 Cooper Ave., Turlock Food vouchers given on Mon. & Wed. 2-3 p.m. and Fri. 3-4 p.m.

SALVATION ARMY

625 “I” Street Modesto Food and meal program, Mon - Fri. Emergency food based on need of family (not homeless). Lunch: 12 :15 - 1:00 PM

1649 Las Vegas Street, Modesto  538-7111

893 Lander Avenue, Turlock  669-5366 or 667-6091
ST. JUDE'S/ST. VINCENT DE PAUL ................................................................. 537-0516
3824 Mitchell Rd., Ceres
Food bank hours: Mon. & Wed. 3:30 – 4:30 p.m.
ID for every person in the household wanting help. SSN card for children.
Proof of income with address (i.e. Utility bill with address)

ST. STANISLAUS CHURCH/ST. VINCENT DE PAUL ............................... 527-4381
709 J Street, Modesto
Food vouchers and utility bill assistance done by appointment only
(call for appointment)

UNITED WAY INFORMATION REFERRAL (aka 211 Stanislaus) ............... 572-2255
Food, shelter, employment services, housing, health care, counseling,
financial aid and more (call Mon. – Fri. 24 hours)

VALLEY CHRISTIAN CENTER ................................................................. 537-5707
2745 2nd St., Ceres
Bread give-away Mon.-Fri. 9:00 a.m. – Back of the church
Soup kitchen Tuesday 6:30 p.m.

HEALTH EDUCATION

DOCTORS MEDICAL CENTER FOUNDATION ......................................... 527-3412
730 McHenry Avenue, Modesto

EMANUEL MEDICAL CENTER ............................................................... 667-4200
825 Delbon Avenue, Turlock

KINDRED HOSPITAL ........................................................................... 523-9006
730 - 17th Street, Modesto
Business Hours: Mon. - Fri. 8:00am - 5:00pm
Hospital Hours: 24/7

MAINO COMMUNITY HEALTH LIBRARY .............................................. 523-0732
1700 McHenry Ave., Suite 60 B
Medical - Video library, Computers for medical research available: M, T, W, F
8:30AM -5:00 PM; Th. 9:30AM -6:00PM

MEMORIAL MEDICAL CENTER .......(Education Department) ............... 548-7880
1700 McHenry Ave, Ste. 60B
Mon. – Fri. 7:00am – 5:00pm

OAK VALLEY DISTRICT HOSPITAL ....................................................... 847-3011
350 S. Oak Avenue, Oakdale

OAK VALLEY HOSPITAL & FAMILY SUPPORT NETWORK ................. 847-5121 ext. 201
1405 W. F. St., Oakdale

STANISLAUS COUNTY HEALTH SERVICES AGENCY ......................... 558-5657
Class registration. Diabetes/healthy heart /car seat safety/tobacco cessation,
nutrition classes
Mon. – Fri. 8:00am - 5:00pm

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distribution. Not for re-sale. May be reproduced. 3/09
TOLL FREE LINE (HEALTH SERVICES AGENCY) ..................................................... 800-834-8171
Telephone service to promote greater access to information about health care providers and health related programs; and to provide referrals to community health and social services.

BREASTFEEDING EDUCATION & SUPPORT
COMMUNITY HEALTH SERVICES  (Stanislaus County HSA) ..............................  558-7400

DOCTOR’S MEDICAL CENTER
Classes........................................................................................................ 521-BABY (2229)
Lactation Consultants................................................................. 576-3763

EMANUEL MEDICAL CENTER
Classes, lactation support..................................................667-4200, ext. 2660 or 664-2580

LA LECHE LEAGUE:
Modesto.................................................................Diane...525-8729....Rose.... 538-1224
Turlock.................................................................Susan...537-1243
Toll free help line..............................................................877-452-5324
www.lalecheleague.org

MEMORIAL MEDICAL CENTER
Classes...................................................................................... 572-7262
Breastfeeding Assistance Program.................................................. 572-7262
Lactation Consultant .:9:00 AM – 3:00 PM M-F.....526-4500 pager #268 & 572-7262

OAK VALLEY DISTRICT HOSPITAL
Classes & consultation.............................................................. 848-4194

WIC PROGRAM  (For WIC Clients)
Information.................................................................................. 558-7377
Breastfeeding Warm Line.......................................................... 558-5083
Mon.-Fri. 8:30 AM –5:30 PM

PERINATAL EDUCATION

DOCTORS MEDICAL CENTER FOUNDATION ........................................... 521-BABY (2229)
730 McHenry Ave., Modesto
Mon – Fri – 7:15 – 3:45
or 527-3412

EMANUEL MEDICAL CENTER................................................................. 664-2580
825 Delbon Ave., Turlock

KEEP BABY SAFE...(Stanislaus County HSA)........................................  558-5656
830 Scenic Drive, Bldg. #2, Modesto
Car seat safety education

MEMORIAL MEDICAL CENTER (Health Center) ........................................ 572-7262
1800 Coffee Rd. Ste. 30, Modesto 95350

OAK VALLEY DISTRICT HOSPITAL .......................................................... 848-4194
350 S. Oak Ave., Oakdale
PARENT RESOURCE CENTER ............................................................... 549-8193
811 - 5th St., Modesto
Support and education for pregnant or parenting teens, women and partners

PREGNANT MINOR PROGRAM .......................................................... 576-4624
Infant Care and Parenting Program; Classes for participants at
Elliott Education Center, 1440 Sunrise Avenue, Modesto ..................... 569-2997
Modesto High School, “H” Street, Modesto ........................................ 576-4058
Downey High School, 1800 Coffee Road, Modesto ......................... 76-4495/576-4274

STANISLAUS COUNTY HSA MEDICAL OFFICES (Classes for office clients only)
Ceres Medical Office, 3109 Whitmore Avenue ......................................... 541-2929
Childbirth preparation and car seat safety.

Turlock Medical Office, 800 Delbon, Ste. A, Turlock .............................. 664-8000
Prenatal education and postpartum care and infant care

HEALTH INSURANCE INFORMATION

AARP ........................................................................................................ 1-888-687-2277
Offers supplemental insurance in 50 states (transferable)

ACCESS FOR INFANTS & MOTHERS (AIM) .......................... 1-800-433-2611 or 558-7400
For uninsured pregnant women and their newborns up to age 2 that are not eligible for no cost Medi-Cal or pay over $500.00 maternity deductible or co-payment.

CALIFORNIA DEPT OF INSURANCE (Consumer Info & Complaints) ......... 800-927-4357
Mon - Fri 8am - 5pm

COMMUNITY SERVICES AGENCY .................................................. 558-2777
For case worker identification and information on how to apply for Medi-Cal.

HEALTHY CUBS ........................................................................ 558-8900 or 558-4128
Access to health care at Stanislaus County Health Services Agency and Golden Valley Health Center medical offices for children, 0-5 years of age, and pregnant women.

HEALTHY FAMILIES .................................................................. 888-747-1222
Low cost medical, dental and vision care for children who are not eligible for no-cost Medi-Cal. For U.S. Citizens, U.S. Nationals, and qualified immigrant children under 19 years of age. Monday – Friday 9:00am – 6:00 pm

HICAP ............................................................................................ 209-558-4540
121 Downey Ave., Modesto
Mon - Fri 8:30 – 11:30am, 12:30 – 5:00 pm
Assist with general Medicare information

KAISER CHILD HEALTH PLAN .............................................. 800-255-5053
Low-cost health care coverage for uninsured children who are not eligible for no-cost Medi-Cal or low cost Healthy Families; Must be under age 19 & living in Kaiser Permanente’s California service area. Mon – Fri. 8:30am – 5:00pm
MEDI-CAL INFO/MAIL-IN APPLICATIONS 558-2777
Apply at 251 E. Hackett Road, Modesto Mon, Tues, Thurs, Fri, 8:00am – 5:00pm, Wed. 8:00am – 6:30pm
Comprehensive health insurance program – Eligibility determined by income & property.

MEDI-CAL FOR CHILDREN 888-747-1222
No cost comprehensive medical, dental and vision care coverage for children and pregnant women. For U.S. Citizens, U.S. Nationals or immigrants.

MEDI-CAL FOR CHILDREN 888-747-1222
Apply at 251 E. Hackett Road, Modesto Mon, Tues, Thurs, Fri, 8:00am – 5:00pm, Wed. 8:00am – 6:30pm
Comprehensive health insurance program – Eligibility determined by income & property.

MEDI-CAL FOR CHILDREN 888-747-1222
Apply at 251 E. Hackett Road, Modesto Mon, Tues, Thurs, Fri, 8:00am – 5:00pm, Wed. 8:00am – 6:30pm
Comprehensive health insurance program – Eligibility determined by income & property.

MEDICARE 1-800-633-4227
Open 24 hours, 7 day a week for business. Inquiries, enrollment info, age 65 or disabled

M.I.A. (Medically Indigent Adult) Information 558-7232
Appointments 558-7393
830 Scenic Drive, Modesto
Health care program for medically indigent adults

HEALTH SERVICES

CALIFORNIA VISION PROJECT 1-800-877-5738
Provides free eye exams to eligible low-income working families who have not had an eye exam in the last two years

CANCER DETECTION PROGRAM – Every Woman Counts 800-511-2300
Mon – Fri 8:30 AM – 5:30 PM
Free mammogram for age 40 years and over. Income eligible.

EYE CARE AMERICA 800-222-3937
Anyone 65 and over who has not had eye exam in past 3 years, can obtain free exam.
Free treatment for one year. Call line is open 24/7 for business.

HEALTH SUPPORT GROUPS/CLASSES

ALZHEIMER’S AFFILIATES OF STANISLAUS COUNTY 521-1601
416 Downey Ave., Modesto

ALZHEIMER’S AID SOCIETY OF NO. CALIFORNIA 238-0538, 1-800-540-3340
2501 McHenry Ave. Ste E., Modesto
Resource & referral (care facilities); support groups; seminars, information

AMERICAN DIABETES ASSOCIATION-WESTERN REGION 491-2490

AMERICAN LUNG ASSOCIATION – CALIFORNIA VALLEY LODGE BRANCH 578-2724
Smoking cessation, information to promote respiratory health

AMERICAN HEART ASSOCIATION 477-2683
1212 W. Robinhood Dr., Ste. 5D, Stockton

AMERICAN RED CROSS 523-6451
Adult and infant CPR, lifeguard, safe food classes; fees vary
ARTHRITIS ASSOCIATION OF CENTRAL SAN JOAQUIN VALLEY .......................... 559-224-3796
Information regarding arthritis; scholarships for water therapy; Scholarships to college for people with arthritis who can no longer do the work they did previously due to their arthritis partial assistance for medical equipment

FAMILY RESOURCE NETWORK ....................................................................1-800-847-3030
Info and advocacy: genetic, medical disorders, parent support .................. 209-472-3674
www.frnc.org

HEALTH CENTER (Memorial Medical Center) .............................................. 572-7262
1800 Coffee Rd, Ste. 30, Modesto, 8:00AM-4:30PM
Education re: diabetes, cardiac rehab, pulmonary rehab, congestive heart failure & bariatric program

MEMORIAL MEDICAL CENTER (Education Department) .......................... 548-7880
1700 McHenry Avenue
Prenatal, CPR, all continuing education for nurses

SOCIETY FOR HANDICAPPED CHILDREN AND ADULTS ....................... 524-3536
1129 8th St., Ste. 101, Modesto
Recreation, transport to Doctor’s appointments, pick up groceries, sign language classes, loans of adaptive equipment for handicapped children and adults; skiing classes; special funds may be available for those unable to pay for adaptive equipment. Hours: Monday - Friday 8:00 a.m. - 2:00 p.m.

STROKE RESOURCES, Inc. ........................................................................ 521-1786
PO Box 577321, Modesto 95357
A self-help group that provides education, socialization, water therapy, periodic conferences and resources to stroke survivors and their families
Contact Person: Bettie Laird, MSW Also, 523-1135, 523-2378

VALLEY CAREGIVER RESOURCE CENTER ........................................... 521-1794 or 800-541-8614
1031 McHenry Ave., Ste 4, Modesto
Services available only to unpaid care givers of persons who have had a physical brain impairment after the age of 18. Case management, respite, support, education for caregivers

HOSPITALS

DOCTORS MEDICAL CENTER ................................................................. 578-1211
1441 Florida Avenue, Modesto

DOCTORS BEHAVIORAL HEALTH CENTER .......................................... 557-6300
1501 Claus Road, Modesto

EMANUEL MEDICAL CENTER ................................................................. 667-4200
825 Delbon Avenue, Turlock

KINDRED HOSPITAL ................................................................................ 523-9006
730 – 17th Street, Modesto

MEMORIAL MEDICAL CENTER ........................................................... 526-4500
1700 Coffee Road, Modesto
OAKLAND CHILDREN’S HOSPITAL – SATELLITE OFFICE ........................................ 543-3200
4016 Dale Rd., Modesto
No Emergency Room; does not accept Medi-Cal

OAK VALLEY DISTRICT HOSPITAL ......................................................... 847-3011
350 S. Oak Avenue, Oakdale

HOUSING

BETHANY’S HOUSE ................................................................. 522-5121
3048 Hahn Drive, Modesto
Housing for pregnant women, 18 yrs and older who are considering adoption

COMMUNITY HOUSING & SHELTER SERVICES .................................. 527-0444
823 15th St., Modesto     Mon. – Fri. 9am – 4pm
Temporary shelter, housing counseling & rental assistance for families in
emergency situations. Rental Assistance............................................ 527-0415

C.V.O.C. ................................................................. 577-3210
1581 Cummins Dr., Ste. 100, Modesto
Non-profit organization, offers rental and energy assistance, emergency shelter
and food vouchers.

ENVIRONMENTAL RESOURCES ....................................................... 525-6700
3800 Cornucopia Way, Suite C, Modesto     7:30am – 5pm
Environmental Health Inspectors

FAMILY PROMISE ................................................................. 549-9454
2301 Woodland Ave, Suite 7&8, Modesto
Non-Emergency Shelter for families with minor children (Faith Based Program)

HAVEN WOMEN’S CENTER ............................................................... 524-4331, 527-9942
Emergency shelter for physically abused women & children

HOMELESS PROGRAM (Community Services Agency) ........................ 558-2777
251 E. Hackett Road, Modesto
Need touch tone phone. Have case #, SS# available
Mon. - Fri. 8am – 5pm – Wed. 8:00 – 6:30 p.m.

HOUSING AUTHORITY OF STANISLAUS COUNTY ................................ 557-2000
1701 Robertson Road, Modesto................. TDD .......................... 523-1056
Hours: 8:30 AM – 5:00 PM
Provides low-income families with safe and sanitary housing. Subsidizes rent for
low income. Section 8 and Family Self-sufficiency programs (waiting list)

HUTTON HOUSE (Center for Human Services) .................................. 526-1623
201 Jennie Street, Modesto
Temporary shelter care and counseling services for teens, ages 13-17.
24 hr. emergency telephone line and drop-in counseling for runaway teens

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LAURA’S HOUSE ......................................................................................... 523-0393
405 - 15TH Street, Modesto
Transitional sober living facility for substance recovering pregnant and parenting women (18 or older) and their children (birth-10 years old)

MODESTO UNION GOSPEL MISSION ....................................................... 529-8259
1400 Yosemite Blvd., Modesto

PATHWAYS .................................................................................................. 526-3809
700 Norwegian Ave., Modesto 8:00 am - 5:00 pm
Transitional Living: Job training, employment related services, counseling, case management, independent living skills (ages 18 to 21 years old)

REDWOOD LIVING CENTER .................................................................... 550-7352
1030 California Ave., Modesto
Transitional housing for substance recovering women and their children (ages 12 & younger) Staff available 24 hours. (Faith Based Program)
Assessments done Mon. – Fri. 9:00 am - 3:30 pm

TELECARE RECOVERY ACCESS CENTER ............................................. 341-1824
500 N. 9th Street, Ste. B, Modesto
Mental health services for individuals, mentally ill county residents, insured or uninsured 18 or older

IN-HOME NURSING

ADDUS ........................................................................................................... 578-3231

ARCADIA ....................................................................................................... 572-7650

ELDERCARE LOCATOR .............................................................................. 800-677-1116
Referral to State and local agencies for Senior Service

EMANUEL HOMECARE ............................................................................ 664-2424

INTERIM ....................................................................................................... 577-4625

OPTION CARE .............................................................................................. 531-1858
2800 Mitchell Road, Ste S, Ceres
Fax: 531-0825
Home infusion, enteral feeding, Synagis, delivery of special formula

RESCARE HOMECARE (Previously Kelly Asst. Living)............................... 523-9194
...Home care aides Serves mostly elderly & disabled. Accepts some insurances

VISITING NURSES ASSOCIATION .......................................................... 571-1055
Serves all ages with MD order. Home bound insurance specific
IN-HOME SERVICES

APEX CARE........................................................................................................525-9111

APRIA HEALTH CARE........................................................................................548-4400
Referrals and Information for residential/assisted living facilities, in-home health services and installation of emergency response systems. Provide basic care giving & companion care. Private pay.

AREA AGENCY ON AGING & LINKAGES PROGRAM........................................558-8698
Case management for the prevention of institutionalization of frail, elderly and disabled residents of Stanislaus County. Information and assistance program for seniors and their families.

ASSURED CARE..................................................................................................579-5540
Non-invasive, non-nursing assistance at home; companionship, homemaker tasks, etc.

CATHOLIC CHARITIES.........................................................................................529-3784
400 12th St., Ste. 4
Senior services, ombudsman program. Homemaker/chores, visiting, phone reassurance, shopping, and transportation.

COMFORT KEEPERS..........................................................................................543-0444
Non-invasive, non-nursing assistance at home; companionship, homemaker tasks, etc.

HOME INSTEAD..................................................................................................545-5899
Companionship, shopping, light housekeeping, meal prep, transportation (non-medical). Serves elderly and disabled, self-pay, long-term care, or workers comp. Will provide documentation needed for client to bill their insurance.

IN-HOME SUPPORTIVE SERVICES/PERSONAL CARE SERVICE PROGRAM...........558-3974
Homemaker services for qualifying elderly and disabled Stanislaus County residents. A program of the Community Services Agency, Adult Services.

MULTI-PURPOSE SENIOR SERVICES PROGRAM.............................................558-2346
Multidisciplinary case management program for elderly (ages 65 or older) and disabled Medi-Cal recipients in Stanislaus County. Provides resources and services to foster community based care and to prevent institutionalization. A program of the Community Services Agency, Adult Services.

LEGAL AID

AFFORDABLE LEGAL AID.................................................................................571-2400
1026 McHenry Avenue, Modesto
Family law, bankruptcy information, low cost services (wills, guardianship and adoption) Monday – Friday 9:00-12:00 & 2:00-5:00 pm
Evening apt. also available

CALIFORNIA DEPT. OF FAIR EMPLOYMENT & HOUSING.....(recording)...........800-884-1684
(See Project Sentinel, this section.) www.defh.ca.gov

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CALIFORNIA DOCUMENT SERVICE .............................................................. 537-0359
2600 E. Whitmore Ave. Ste. 1, Ceres
Not legal aid; no attorneys on site. Assistance with legal document preparation.
Fee for service. Monday - Friday 8:00 - 5:00 (closed 1:00 - 2:00 p.m.)

CALIFORNIA RURAL LEGAL ASSISTANCE (CRLA) ........................................ 577-3811
801 Ste. B 15TH Street, Modesto
(Seniors) 577-3814
Legal assistance concerning consumer, landlord/tenant discrimination,
employment, and education. No cost. Senior services for those over 60 years.
Closed Wednesday and Thursdays

CATHOLIC CHARITIES LEGAL IMMIGRATION SERVICES .................................. 444-5910
1106 N. El Dorado St, Stockton
Closed Fridays

CHILD ABDUCTION UNIT...........(English/Spanish).................................................. 558-8405
8:00 - Noon - Leave recorded message if no one answers.
Closed for lunch 12n -1pm Monday - Friday

DEPARTMENT OF CHILD SUPPORT SERVICES ...... English/Spanish .............. 1-866-901-3212
251 E. Hackett Road, Modesto
1-866-325-1010

EL CONCILIO ........................................................................................................ 523-2860
1314 H St. Modesto, 95354
A Varity of immigration paperwork assistance, housing counselors on site.
Financial literacy, first time homeowner, foreclosure prevention, foreclosure
counseling – all races welcome to make appt. with the housing counselors.

FAMILY LAW CENTER ..................................................................................... 529-2382
400 - 12th Street, Suite #25, Modesto
Appointments and walk-ins welcome. Family law, probate and some civil.

FAMILY LAW FACILITATORS ........................................................................ Walk-in services only
800 - 11th Street, Room 220, Monday - Friday: 8:00AM-12:00PM and 1:00PM-3:00PM
Assistance with child custody/visitation orders; legal separation/divorce;
restraining orders

HAVEN WOMEN'S CENTER ............................................................................... 524-4331
619 - 13th Street, Modesto
Provides legal advocacy services to families of abuse; for victims of domestic
violence services in child custody issues; includes assisting with filing of court
papers and court appearances. No fees for filing.

JUVENILE JUSTICE
Juvenile Court Clerk................................................................. Public Line 525-4575
Internal Line 525-4577

Juvenile District Attorney Division................................................................. 525-4599

Juvenile Hall........................................................................................................ 525-4579

Juvenile Probation Department........................................................................ 525-5400
LAW ENFORCEMENT
(Non-emergency business lines)

Ceres Police Dept............................................................... 538-5712
Hughson Police Dept........................................................... 883-4052
Modesto Police Dept............................................................ 572-9500
Newman Police ................................................................. 862-2902

Police Officer Assistance 800-273-4911 or 552-2472

Oakdale Police Dept............................................................. 847-2231

After hours dispatch 847-2231

Patterson Police Dept.......................................................... 892-5071

After hours dispatch 800-273-4911 or 552-2468

Riverbank Police Dept......................................................... 869-7162

To report a crime 552-2472

Sheriff's Office...........non-emergency........................................ 525-7114

Dispatch 552-2468

Stanislaus County Drug Enforcement Unit...........non-emergency........ 558-6300

Turlock Police Dept............................non-emergency....................... 668-5550
(includes Animal Control)

Waterford Police Dept........non-emergency................................. 874-2349
320 E. Street, Waterford
For crimes or officers 552-2468
Dispatch 552-2470

LAWYERS REFERRAL SERVICE.................................................. 571-5727

804 14th Street, Modesto
$50 for initial ½ hr. consultation

PROJECT SENTINEL............................................................. 236-1577

1419 K Street, Modesto
Education and legal referrals for housing discrimination.

SENIOR CITIZENS LAW PROJECT (CRLA)........................... 577-3814

801 15th Street, Ste. D, Modesto; M-F, 9-12 and 1-4
Provides free legal services in various civil law matters to residents 60 or older.
Landlord/tenant/public benefits/labor/education No criminal or family law

SENIOR LEGAL HOTLINE.....(Free Legal Advice)............................. 800-222-1753

STANISLAUS COUNTY CLERK RECORDER'S OFFICE.
1021 I Street, Modesto 525-5250
Spanish 525-5230
8:00 – 4:00 M - F Obtain adult and minor marriage packet at this office.

www.crisis.com (request birth, death, marriage and factious business records)
**STANISLAUS COUNTY SUPERIOR COURT CLERKS OFFICE** .................................................. 558-6000  
800 11th Street, Modesto, CA 95354  
Emancipation of minors, probate, family law, civil law  
(Select **Probate** on phone menu for emancipation of minors.)

**STANISLAUS DRUG ENFORCEMENT AGENCY (SDEA)** .................................................. 558-6300  
Takes reports on drug production, growing & large scale sales

**UNITED STATES CITIZENSHIP & IMMIGRATION SERVICE** ........................................... 1-800-375-5283  
8am – 6pm Mon. – Fri.  
www.uscis.gov forms and information  
Local in-person service and mailing address:  
USCIS 1177 Fulton Mall, Fresno, Ca 93721-2816

**VICTIM SERVICES** .................................................. 525-5541  
Information & referral for victims of violent crimes  
Mon. – Fri., 8:00 AM – 5:00 PM; closed from Noon – 1:00 p.m.

**VITAL RECORDS** .................................................. 558-8070  
Register new births and new deaths that occur in Stanislaus County. Issue permits on disposition of human remains. If birth or death is more than 2 years contact the County Clerk Recorder Office at 525-5250. Records of divorce can be obtained at Superior Court 558-6000. City Clerk also has marriage, land and passport records.

**MEDICAL SERVICES**

**CEDAR FAMILY PRACTICE** .......................................................................................... 874-2345  
12700 Welch Street, Waterford  
All phases of medical care, pregnancy testing, birth control, Medi-Cal accepted.  
No Prenatal Care.

**CHILD HEALTH & DISABILITY PREVENTION (CHDP) PROGRAM** .................................. 558-8860  
Appointments .................................................. 558-5349 or 558-4806  
830 Scenic Drive, 3rd Floor, Modesto  
Provides no cost health exams for children from birth through age 20 who are receiving Medi-Cal. Children under age 18 who are low-income and have no insurance may be eligible through the CHDP Gateway enrollment process. Services include a physical exam, nutritional assessment, vision and hearing screening, a blood pressure check, a check for anemia, lead testing, and other lab tests and immunizations. Diagnosis, treatment and follow-up services are provided to children receiving Medi-Cal.

**GOLDEN VALLEY HEALTH CENTER** ................................................................. 556-5011  
2760 3rd St., Ste. B, Ceres  
Monday – Friday 8:00 AM– 5:00 PM  
Medical care, sliding fee scale, Medi-Cal accepted.

**GOLDEN VALLEY HEALTH CENTER** ................................................................. 576-2845  
1114 – 6th Street, Modesto  
Mon. – Thurs. 8:00 AM – 8:00 PM, Fri. and Sat. 8:00 AM – 5:00 PM  
All phases of medical care, sliding fee scale, Medi-Cal accepted.
GOLDEN VALLEY HEALTH CENTER .......................... 574-1365
1510 Florida Avenue, Modesto  Mon. – Fri. 8:00am – 5:00pm Medi-Cal accepted.
Suite B Pregnancy testing and prenatal care ............................ 574-1365
Suite F. Pediatrics ......................................................... 549-7090
Suite H. Family Practice ................................................. 574-1030

GOLDEN VALLEY HEALTH CENTER .......... (Robertson Road Healthy Start) ......... 576-4437
Robertson Road, Modesto  Mon. – Fri. 8:00am – 5:00pm
Medical and dental care and birth control  Medi-Cal accepted.

GOLDEN VALLEY HEALTH CENTER “Corner of Hope” .................. 491-5550
1130 6th St., Modesto  Mon. – Fri. 8:00am – 5:00pm
Health care for the homeless; also care for ADD and Medi-Cal accepted.

GOLDEN VALLEY HEALTH CENTER (Hanshaw Middle School) ........... 576-4200
1717 Las Vegas Street, Modesto  Mon. – Fri. 8:00am – 5:00pm
Medical care and dentistry; Family Planning
Sliding fee scale - Medi-Cal accepted.

GOLDEN VALLEY HEALTH CENTER .................................. 667-2749
1141 N. Olive Ave., Turlock
Monday - Friday, 8:00 AM – 5:00 PM
Medical care, sliding fee scale, Medi-Cal accepted.

GOLDEN VALLEY HEALTH CENTER .................................. 892-8441
200 “C” Street, Patterson
Monday – Friday 8:00 a.m. – 5:00 p.m. All phases of medical care
Medi-Cal accepted.

GOLDEN VALLEY HEALTH CENTER .................................. 894-3141
301 Howard Rd., Westley  Mon. – Wed. 8:00 a.m. – 6:00 p.m.
Medical care family planning, cancer detection program (women over 40 yrs) Medi-
Cal accepted, sliding fee scale

GOLDEN VALLEY HEALTH CENTER .................................. 862-0272
637 Merced Street, Newman
Medi-Cal accepted, regular insurance, sliding fee program, Healthy Cubs,
Medical care, OB care, family planning, CHDP
Monday & Thursday 8:00 – 6:00; Tuesday, Wednesday & Friday 8:00 – 5:00

IMMUNIZATIONS .............................................................. 558-7700
820 Scenic Drive, Modesto
Childhood immunizations:  Mon - Thurs 8:00 AM – 5:30 PM,
Walk-ins accepted.  Friday 8am – 4:30pm
Adult immunizations:  By appointment only.
Travel immunizations:  By appointment only.

MEDICAL REFERRALS
(Provides referral to doctors accepting new patients)
Emanuel Medical Center... www.emanuelmed.org  ............... 667-4200
Memorial Medical Center .............................................. 525-3111
Oak Valley Clinic Referral ............................................. 847-8140 Ext. 4
Stanislaus Medical Society ............................................. 527-1704
MOMOBILE (Medical Outreach Mobile)..........................................................574-1377
   Mobil Primary health care services, CHDP, OB
   Monday – Friday hours vary call for schedule and location

OAKDALE COMMUNITY HEALTH CENTER.................................................848-4180
   1420 West H Street, Oakdale
   Primary health care services, Medi-Cal, sliding scale, Medi-cal Applications every
   Wednesday morning

OAKVALLEY WOMEN’S HEALTH AND PRENATAL CENTER.........................848-4180
   1420 West H St., Oakdale
   Medi-Cal accepted. Pregnancy testing, prenatal care, Family planning, CPSP,
   Cancer Detection Program

PATHWAYS HEALTH CARE, INC.................................................................848-8410
   190 S. Oak Street, Bldg.1, Ste. 4, Oakdale
   Pregnancy testing, family practice, birth control, no prenatal care; Health Net, Blue
   Cross PPO and Medi-Cal accepted. Not accepting Blue Cross Medi-cal

PLANNED PARENTHOOD Mar Monte..........................................................579-2300
   1431 McHenry Avenue, Ste 100, Modesto Facts of Life Line .......... 1-800-711-9848
   Pregnancy testing, family planning, prenatal care

PUBLIC HEALTH SERVICES (General Information) Spanish also available........558-7700
   820 Scenic Drive, Modesto
   HIV CLINIC (testing, anonymous and free).................................558-7700
   TB CLINIC........................................................................558-7700
   Skin testing, treatment, consultation services by appointment only

RIVERBANK COMMUNITY HEALTH CENTER.............................................869-8102
   3303 Stanislaus Street, Riverbank
   Primary health care services, Medi-Cal; sliding scale; private insurance;
   no HMO or Kaiser

SIERRA HEALTH CENTER........................................................................526-5770
   1801 Tully Ave. Suite F-1, Modesto
   Primary health care Mon – Fri 8:30am – 5:30pm

STANISLAUS COUNTY HEALTH SERVICES AGENCY
   All clinics accept Medi-Cal, sliding fee scale. Call for hours and special walk-in clinics.

   Ceres Medical Office.................................................................541-2929
      3109 Whitmore Ave., Ceres

   Family Practice Center.............................................................558-4000
      401 Paradise Road, Bldg. E, Modesto

   Hughson Medical Office............................................................558-7250
      2412 – 3rd St., Hughson

   McHenry Medical Office...(Family Practice, Women’s Health)...........558-5312
      1209 Woodrow Ave., Ste.B-10, Modesto

   Paradise Medical Office.............................................................558-4000
      401 Paradise Road, Bldg. E, Modesto

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distribution. Not for re-sale. May be reproduced. 3/09
Pediatric Clinic .............................................................................. 558-8400
830 Scenic Drive, Ste. A, Modesto

Stanislaus Urgent Care ................................................................. 558-7000
401 Paradise Road, Ste. E
9:30 AM to 9:30 PM, 7 days a week. Closed Thanksgiving, Christmas
and New Years Day

The SHADE Teen Clinic ............................................................... 558-7777
401 Paradise Road, Ste. E, Modesto Wednesday 3:00PM – 7:00PM
1209 Woodrow Ave., Ste B-10, Modesto, Thurs. 3:00PM – 7:00PM
Hughson Medical office - Tuesday 3:00 – 7:00
Peer counseling, reproductive services all services are confidential,
walk-in are accepted

Turlock Medical Office ................................................................. 664-8000
800 Delbon Ave., Ste. A, Turlock Mon. – Fri 8AM – 5PM

VETERAN’S ADMINISTRATION HEALTH CLINIC ....................... 557-6200
1524 McHenry Ave., Modesto, 3rd Floor
Medical and dental care

MENTAL/BEHAVIORAL HEALTH

INPATIENT SERVICES
Doctors Behavioral Health Center .................................................. 557-6300
1501 Claus Rd., Modesto
24 hour inpatient psychiatric treatment facility

BEHAVIORAL HEALTH AND RECOVERY SERVICES

EMERGENCY MENTAL HEALTH SERVICES ................................. 558-4600

ACCESS TEAM ............................................................................. 1-888-376-6246
Access to mental health assessments, referrals and services 8:15 AM – 4:30 PM

Intake and Referral for Medi-Cal beneficiaries ............................. 1-888-376-6246

CENTER FOR HUMAN SERVICES (CHS)
1700 McHenry Village Way, Ste. 14, Modesto ............................... 526-1440
Child, Family and Adult Counseling, Group Support for Anger Management and
Depression. Services offered on a sliding fee basis (based on income and ability to pay).
Medical, Victims of Crime, and Private Insurance also accepted.

Ceres Partnership for Healthy Children ........................................ 541-0101
Child, Family, and Adult Counseling. Medical, Healthy Families insurance accepted.
Limited free services for eligible families (call 541-0101 to check eligibility for services)
Westside Resource Center, 118 N. 2nd Street, Ste. D, Patterson................. 892-6688
Child, Family and Adult Counseling, Group Support for Anger Management and Depression. Services offered on a sliding fee basis (based on income and ability to pay). Medical, Healthy Families, also accepted. Some free services for income eligible Patterson residents.

CERES PARTNERSHIP FOR HEALTHY CHILDREN ....................................................... 541-0101
Child, Family and Adult Counseling. Medi-Cal, Health Families accepted. Limited free services for eligible families.

DUAL RECOVERY........................................................................................................544-1913
800 Scenic Dr., Modesto
Provide opportunities that promote self-determination, empowerment, lifelong learning, employment and training

EMPOWERMENT CENTER.......................................................................................... 558-4600
800 Scenic, Modesto
Must be 18 years of or older, resident of Stanislaus County and have a diagnosed mental illness OR be the family member of someone with a mental illness.

TELECARE EAST MODESTO REGIONAL SERVICES .................................................491-5111
500 North 9th Street, Modesto
For individuals living east of McHenry Ave. in Modesto, Empire or La Grange. Open to others for services on a case-by-case basis

TURLOCK REGIONAL SERVICES.................................................................................664-8044
2101 Geer Road, Suite 120, Turlock
For individuals living in Denair, Keyes, Turlock, Patterson, Grayson and Westley

WEST MODESTO REGIONAL SERVICES....................................................................558-4598
500 North 9th Street, Ste. A, Modesto

WESTSIDE RESOURCE CENTER................................................................................. 892-6688
118 N. 2nd St., Ste. D, Patterson
Child, Family, and Adult Counseling, Group Support for Anger Management and Depression. Services offered on a sliding fee basis. Medical, Health Families also accepted. Some free services for income eligible Patterson residents.

CHILDREN'S SERVICES

ASPIRA COUNSELING SERVICES..............................................................................669-2583
420 E. Canal, Turlock

CHILDREN’S OUTPATIENT EMOTIONALLY DISTURBED SERVICES ....................558-8884
1917 Memorial Drive, Ceres

OAKDALE COMMUNITY CARE CENTER FOR CHILDREN......................................848-6018
145 N. 2nd Ave., Oakdale

YOUTH & FAMILY SERVICES....................................................................................558-7454
1127 13th Street
Mental Health Managed Care
CERES PARTNERSHIP FOR HEALTHY CHILDREN..................................................541-0101
2908 4th Street, Ceres 8:00 AM – 5:00 PM, Mon. – Fri.
Provides counseling for family members who have children 0-5 on
Medi-Cal or Healthy Families

CENTER FOR HUMAN SERVICES...........................................................................526-1440
1700 McHenry Village Way, Suite 14, Modesto
Family, child and adult counseling, high school outreach counseling for
teens with drug and emotional problems, high risk counseling.
Drug diversion program; Teen prevention programs: (Friday Night Live
@ High School) (Club Live @ Jr. High.).....................................................ext. 175, 176

COMMUNITY HOSPICE.......................................................................................578-6300
4368 Spires Way, 95356
Support group for parents whose infant has died; services for bereaved
individuals; counseling, and emotional support for families/individuals
facing Life-threatening illness and death.

FAMILY CONCERN COUNSELING.................................................................522-9568
Counseling services for adolescents and their families to deal effectively with
conflict Christian based program. One on one counseling, by appt only.
Parenting classes Sunday nights at First Baptist Church, Modesto

FRIENDS OUTSIDE..........................................................................................522-2209
500 9th St. Ste. K-3, Modesto  Mon. – Fri. 8:00 – 4:00
Services for individuals who have been incarcerated or families with
members who have been incarcerated plus job development program

HAVEN WOMEN'S CENTER........Info/Business Line........................................524-4331
619 13th Street, Modesto
Individual and group counseling, employment guidance, advocacy, crisis
intervention for domestic violence, sexual assault.  Programs for teens
and children affected by violence
  Individual counseling........................................523-1570
  Legal counseling.............................................524-4332
  Restraining Orders........................................524-4331

HUTTON HOUSE.........................................Business....................................526-1623
201 Jennie, Modesto
Temporary shelter for female and male teens (ages 13 - 17).  Will shelter
pregnant teens with no children.  Offers variety of group counseling for teen
problems, parenting classes.

LEAPS AND BOUNDS......................................................................................558-4595
4640 Spyres Way, Bldg. B, Ste. 7, Modesto  Mon. – Fri. 8:00 AM-5:00 PM (answ phone 9-4)
Outpatient services for children birth - 5 yrs.; family focused interventions

MEGHAN'S PLACE, EATING DISORDER CENTER.............................Call first 558-4600
Group & individual counseling, parent forums, workshops for adults & teens. There is a fee. Medi-
cal is accepted.  M-Th 558-4600  Behavioral Health
PARENT RESOURCE CENTER
811 - 5th St. Modesto Mon.-Fri. 8:30 AM-5:30 PM
Child abuse prevention agency offering parenting education for teens and adults; childbirth education; in-home mentoring, support. Some services offered in Spanish.
Literacy classes Tues. 2:30 - 4:30 - Thurs. 10:00 - 12:00 p.m.

PARENTS UNITED
610 14th Street, Modesto
Dedicated to helping those suffering from the consequences of child sexual abuse, they offer support, guidance, counseling and treatment for children who have been sexually abused, an adult who was sexually abused as a child, a parent of an abused child or a support person. Programs to help facilitate the recovery of offenders. Adult & child groups, no teens. www.parentsunited.info

SIERRA VISTA CHILD AND FAMILY SERVICES - FAMILY INTERVENTION
1400 K St., Ste. F, Modesto Administration
Adult and child counseling, domestic violence counseling, mediation; Parenting classes; Counseling for Medi-Cal eligible children, 0-14 years and their families
1030 - 15th Street, Modesto Adult & Community Counseling (Outpt.)
2925 Niagara, Turlock Child & Family Counseling

SIERRA VISTA'S OAKDALE COMMUNITY CARE CENTER
145 N. 2nd Ave., Ste 10, Oakdale
Parenting classes. Counseling for Medi-Cal eligible children and their families, 0-14 years, and their families

STANISLAUS COMMUNITY ASSISTANCE PROJECT (SCAP)
2209 Coffee Road Ste. A, Modesto
HIV education and support groups (English), testing, housing, counseling and transportation.

PATTERSON FAMILY RESOURCE CENTER
118 N. Second St., Ste. D, Patterson.
Provides referrals to resources and services for basic needs to community; Program for 14-21 yr. olds: individual and family counseling, substance abuse counseling, leadership opportunities, employment support services; HBO class, anger management for teens, parenting classes and parenting classes for teen. Call for class times.

NURSING HOME/BOARD & CARE INFO

LONG-TERM CARE OMBUDSMAN
400 12th Street, Ste 4 Catholic Charities 8:30AM - 4:30PM

SENIOR INFORMATION AND ASSISTANCE
Statewide 1-800-510-2020
OPTOMETRISTS
(Listed by city)
MEDI-CAL ACCEPTED: (Excluding Managed Care Medi-Cal)

CERES

DOCTOR C (Cushing, Gary, O. D.) .............................. 537-2359
1515 Mitchell Road, Ste. 12, Ceres
Ages 4 and older; accepts Healthy Families; Spanish

MODESTO

ELLIOTT, BRIAN E., O.D. (Modesto Optometric Vision Center) .......... 521-1028
3601 Coffee Road, Modesto
Accepts Healthy Families; Spanish

KAJIOKA, KEITH, O.D ........................................ 524-0100
809 Sylvan Avenue, Modesto
Accepts Healthy Families; Spanish

PORTILLO, BARBARA, O.D ........................................ 567-1000
608 E. Orangeburg Avenue, Modesto
Accepts Healthy Families; Spanish

PORTILLO, RICHARD, O.D ........................................ 578-4885
1624 I Street, Modesto, Spanish

SACHS, CAROLE, O.D. ........................................ 579-1234
3507 Tully Road, Bldg. E, Suite A, Modesto
Accepts Healthy Families; Spanish and Portuguese

STANISLAUS VISION ASSOCIATES OPTOMETRIC GROUP ................. 524-4626
1700 McHenry Avenue, Suite 77, Modesto
Accepts Healthy Families and VSP; Spanish

SYLVAN EYE CENTER ........................................ 575-2020
1011 Sylvan Ave., Ste. A, Modesto (For optometry services only)
Accepts Healthy Families; Spanish

VISION FAIRE ........................................ 545-3937
4213 Dale Road, Ste. A-2, Modesto
Accepts Healthy Families; Spanish

OAKDALE

MIHOK, TOM F., O.D ........................................ 847-3051
141 North California Avenue, Oakdale
Accepts Healthy Families; Spanish

VIRAMONTES, DAWN, O.D ........................................ 847-0936
805 West F St., Oakdale
Accepts Healthy Families
PATTERSON

CHIN, FRED A. O.D. .................................................................892-2161
420 W. Las Palmas Ave., Patterson
Accepts Healthy Families; Spanish

RIVERBANK

RIVERBANK OPTOMETRIC CENTER ..................................................869-3300
6331 Jackson Ave., Riverbank
Accepts Healthy Families; Spanish

TURLOCK

BERRY, JAY, O.D., JULIEN, ALAN, O.D. ..................................................667-6211
2020 Colorado Ave., Turlock
Accepts Healthy Families; Spanish and Portuguese

JOHNS, ROBERT, O.D. ............................................................................667-6031
1001 Colorado Ave., Turlock
Accepts Healthy Families; Spanish

SACHS, CAROLE, O.D. .................................................................667-1234
200 North Broadway, Ste. E Turlock
Accepts Healthy Families; Medi-Cal; Spanish, Portuguese and Assyrian

PARENTING

CENTER FOR HUMAN SERVICES ..........................................................526-1440
1700 McHenry Village Way, Suite 14, Modesto

CERES HEALTHY START .................................................................556-1559
2491 Lawrence St., Ceres  Monday - Friday 8:30a.m. - 4:30 p.m.
Parenting education and support, mental health counseling, life skills education

CHILDREN'S CRISIS CENTER ............................................................577-0138

DOCTORS MEDICAL CENTER FOUNDATION – EDUCATION .......................521-BABY
730 McHenry Ave., Modesto  Mon – Thur. 8am – 5pm  Fri. 8am – 3pm
521-2229

EMANUEL MEDICAL CENTER – EDUCATION ............................................668-5273
825 Delbon Ave. , East wing, Turlock

FAMILY PARTNERSHIP CENTER .......................................................558-7494
421 E. Morris Ave., Modesto
Provides social support, mental health counseling, advocacy, and family activities to parents and relative care givers whose children are experiencing emotional, behavioral, learning, social and educational challenges. Also provides tutoring, education, food, housing, legal assistance for kinship families.

FAMILIAS UNIDAS .................................................................847-5121, ext. 207
1405 West F St., Ste A, Oakdale
Parenting resources for Spanish speaking people.
Classes are on Friday 10:00 - Noon
FAMILY SUPPORT NETWORK ................................................................. 847-5121, ext. 201
1405 West F Street, Ste. A, Oakdale
Call for information regarding class schedules

FIRST STEP ......................................................................................... 541-2118
1904 Richland Ave., Ceres
Limited to pregnant or parenting women with children (0-5 Yrs) enrolled in this
drug treatment program.

GRAYSON-WESTLEY FAMILY RESOURCE CENTER .................................. 894-3188
301 Howard Road, Westley

HANSHAW HEALTHY START .................................................................. 576-4847
Hanshaw Middle School 8:00AM - 4:00PM
1725 Las Vegas Street, Modesto

HUGHSON FAMILY RESOURCE CENTER .................................................. FAX 883-2028 883-2027
6940 Hughson Ave., Hughson 8AM - 5PM
Parenting classes, support groups, assistance with Healthy Families applications;
emergency food and clothing for Hughson residents only.

KID-N-AROUND GROUPS ........................................................................ 847-5121, ext. 209
Thurs., 10:00 AM – NOON  Play groups, 0-5 yrs.

MOMS CLUB .......................................................................................... 577-8464
Organized activities for mothers and children

MOPS(Mothers of Preschoolers) ............................................................... 521-0181
1325 12th St. (First Baptist Church) 9:00 – 12:00PM
1st & 3rd Thurs. mornings during school year Group activities,
classes for parents and children

ORVILLE WRIGHT HEALTHY START ...................................................... 569-2952
Orville Wright Elementary 9am -3:30pm
801 Empire Ave., Modesto
Parenting Classes, ELD Classes MWF 8:30AM – 11:30AM, Women’s Classes

PARENT RESOURCE CENTER .............................................................. 549-8193
811 – 5th Street, Modesto
In-home support for families under stress; Parenting/peer support groups &
classes Monday – Friday 8:30 – 5:00p.m.

PATTERSON FAMILY RESOURCE CENTER .......................................... 892-6688
118 N. 2nd Street, Ste. D Patterson
Mon, Wed. & Thurs. 8:00 – 8:00 p.m.
Tues & Fri 8:00 – 5:00 p.m.
Patterson Parenting classes (Eng/Sp) for parents of 0 - 5 yrs meet every
Friday of the month at 10:00 a.m. and Parent with teens meet every
Wed at 6:00 p.m. There are 6 sessions for both parenting classes.

ROBERTSON ROAD HEAD START .......................................................... 576-4616
Robertson Road School 7:30am – 6:00pm
1111 Hammond Street, Modesto
SIERRA VISTA CHILD AND FAMILY SERVICES
1400 K Street, Modesto...................Children & Families........................................ 550-5869
1030 - 15th Street, Modesto............Adult Services............................................. 524-6371
2925 Niagara, Turlock.....................Children & Families........................................ 669-6771
145 N. 2nd St., Ste. 10 Oakdale...Children & Families........................................... 848-6018

Provides parenting for families with children who have mental health/behavioral problems. Positive parenting, parenting classes, counseling (for mental health problems)

916 McHenry Ave, Modesto...............................................................550-5850
This office along with the above Turlock Office provides ADHD counseling

STANISLAUS COUNTY HEALTH SERVICES AGENCY
830 Scenic Drive, Bldg.#3, Modesto

Community Health Services.............................................................558-7400
Adolescent Family Life Program......................................................558-8828
Cal-Learn Program...........................................................................558-8828
High Risk Maternal/ Child Health Program.......................................558-7400

TURLOCK FAMILY NETWORK, INC.....................................................668-3366
Private non-profit organization working with high-risk teen parents;
they offer a prenatal, parenting and mentoring programs. Free of charge and open to all

PET SERVICES

SCATE.................................................................558-7387
2846 Finch Rd., Modesto  M-T-Th-Fri. 9:00AM – 5:00PM, W 9:00AM – 7:00PM, S-S
10:00AM – 5:00PM. Any dog or cat older than 4 months and a resident of Stanislaus County. Purchase $72.00 voucher at any rabies clinic and get spay/neuter for your animal, rabies vaccination, microchip dog/cat license. You must bring proof of low income. There is a choice of 20 participating veterinarians.

SPCA of STANISLAUS......................................................575-2918
4733 Yosemite Blvd., Modesto
Tues. - Fri. 12n – 4p; Sat. 12n – 2p by appt only. Closed first Sun, Mon & Wed of the month and all major holidays.

Turlock Animal Control (Turlock Police Dept. Press # 7).............................668-5530
Mon. - Sat. 10a – 2p; Closed Sunday and Holidays.

PUBLIC HEALTH SERVICES

STANISLAUS COUNTY HEALTH SERVICES AGENCY

820 SCENIC DRIVE, MODESTO

CLINICS

HIV TESTING.....................................................................................558-7700
Mon. 1-3pm Walk-in; T-W 9-11am; Th 4:30 – 6 pm.
Testing, anonymous & free.
IMMUNIZATIONS
Childhood immunizations - M - Th 8am - 5:00pm, Children and adults may walk in for immunizations.
Travel immunizations; by appointment only

TB
Skin testing, treatment, consultation services; by appointment only
Fee for treatment

COMMUNICABLE DISEASE SERVICES
REPORTING LINE
558-5678 / FAX: 558-7531
To report: Communicable Diseases, TB, HIV, STDs

APPOINTMENTS
Services for Tuberculosis, sexually transmitted diseases, hepatitis, and other contagious diseases through testing, treatment, case management and epidemiological investigations

HIV/AIDS/STD SERVICES
AIDS DRUG ASSISTANCE PROGRAM (ADAP)
Assures provision of AIDS drugs to persons who do not have access to funding from other sources.

EDUCATION & PREVENTION
Provides HIV education and prevention services to the community.

SURVEILLANCE
Ongoing, systematic collection analysis and interpretation of HIV/AIDS health data essential for Public Health planning, implementation and evaluation

TESTING & COUNSELING
Provides confidential and anonymous HIV counseling & testing.

PUBLIC HEALTH LABORATORY

REFUGEE HEALTH PROGRAM

VITAL RECORDS
Register Stanislaus County births and deaths. Issue permits of disposition of human remains.

558-7700
558-7700
558-5678 / FAX: 558-7531
558-7700
558-4169
558-4800
558-4800
558-7700
558-7356
558-5676
558-8070
830 SCENIC DRIVE, BLDG. B, 3RD FLOOR

CALIFORNIA CHILDREN’S SERVICES

Medical case management to qualified persons with eligible medical conditions

CHILD HEALTH & DISABILITY PREVENTION (CHDP) PROGRAM

Appointments

CHILDHOOD LEAD POISONING PREVENTION PROGRAM

Provides targeted services to children with lead poisoning, conducts outreach education to high risk populations and serves as a community resource for preventing childhood lead poisoning.

830 SCENIC DRIVE, BLDG. #3, MODESTO, Community Health Services

CASE MANAGEMENT SERVICES

Adolescent Family Life Program (AFLP)

Services to pregnant and/or parenting teens under age 18

Case Management Program (CMP)

Provides planning & coordination of services for clients who are HIV symptomatic or living with AIDS.

Cal Learn

Services for pregnant and/or parenting teens under age 20 who are receiving TANF and have not graduated from high school/GED.

High Risk Maternal Child Health Program

Provides in-home services to infants & children with serious health concerns, parenting & childcare education, home evaluations, referrals to appropriate resources.

Substance Exposed Infants (SEI)

Case management on substance exposed infants.

MATERNAL CHILD ADOLESCENT HEALTH (MCAH)

Outreach and education to women of childbearing age who are at risk for inadequate prenatal care and/or poor birth outcomes. Referrals. Assessments.

PERINATAL SERVICES COORDINATION (PSC)

Assess, plan and implement activities that promote and improve quality prenatal care in Stanislaus County. Assist prenatal providers with implementation of Comprehensive Perinatal Services Program (CPSP).

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PRENATAL CARE GUIDANCE (PCG) (By Telephone)..............................558-7400
Telephone contact to assist pregnant women who are on Medi-Cal or eligible for Medi-Cal in obtaining prenatal care;  Education and referral to resources

R.E.A.L. PROJECT (Responsibility, Education, Attitude, Leadership)........558-7400
A teen pregnancy prevention program which targets high-risk areas with sexuality education for youth in schools, for parents and the community at large.

RECREATION

MODESTO PARKS, RECREATION AND NEIGHBORHOODS DEPT........................................577-5344
Call for reservations

POLICE ACTIVITIES LEAGUE (PAL)........................................................................572-9614

PUBLIC LIBRARIES

<table>
<thead>
<tr>
<th>Location</th>
<th>Phone Number</th>
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</thead>
<tbody>
<tr>
<td>Newman</td>
<td>862-2010</td>
</tr>
<tr>
<td>Oakdale</td>
<td>847-4204</td>
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<tr>
<td>Patterson</td>
<td>892-6473</td>
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<td>Riverbank</td>
<td>869-7008</td>
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<td>Turlock</td>
<td>664-8100</td>
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<tr>
<td>Salida</td>
<td>543-7353</td>
</tr>
<tr>
<td>Waterford</td>
<td>874-2191</td>
</tr>
</tbody>
</table>

PUBLIC LIBRARY HOME DELIVERY SERVICE...............................................558-7817
Provides library services for those unable to go to area libraries for reasons of advanced age, disabling illness, or physical disability.

SALVATION ARMY/ RED SHIELD.....................................................................538-7111

SENIOR CITIZENS SPECIAL SERVICES

AARP..............................................................................................................1-888-687-2277

ADULT PROTECTIVE SERVICES.................................................................558-2637 or 800-336-4316

AREA AGENCY ON AGING........................................................................558-8698 or 800-510-2020
121 Downey Ave. #102, Modesto 95354
Provides seniors with information and assistance on services that are available to them.

ELDER CARE LOCATOR..............................................................................800-677-1116

IN-HOME SUPPORTIVE SERVICES.........................................................558-2637
Provides in-home services to disabled or elderly adults.  Income restrictions

LIFELINE RESPONSE SERVICES

DMC FOUNDATION LIFELINE  (Emergency Response) ..........................576-3302
Fax 527-1512
LIFE LINE ........................................................................................................... 312-3533
FAX 551-8209
ATEX CARE (Emergency Response) ............................................................... 525-8209

LIFELINE (Oak Valley Hospital Foundation) .......(Emergency Response) ....... 848-5495
Lifeline services for senior citizens in Oakdale/Riverbank area

RESPONSE LINK ............................................................................................... 606-6227

VISITING NURSES ASSOCIATION-HEALTH WATCH (Emergency Response) .... 571-8700

SEAPA (Stanislaus Elder Abuse Prevention Alliance) ....................................... 529-3784
Multi-agency elder abuse alliance
Coordinator..............................(Monica Ramos)................................. 529-3784

SOCIETY FOR THE BLIND - SENIOR IMPACT PROJECT .................. 916/ 452-8271
In-home training in living skills for Seniors experiencing vision loss.

SOS SITTERS OF STANISLAUS ................................................................. 571-8855
2900 Standiford Ave., Suite 16B, Modesto M-Th. 10:00 AM- 5:00 PM
Specializing in elder care. Temporary - permanent, minimum 4 hours
to 24 hours. Personal care, cooking, cleaning, shopping, laundry and
transportation

TESTING

HIV TESTING ...................................................................................................... 558-7700 op. 3
For locations and schedules of testing. Testing available in Modesto and Turlock.

LEAD POISONING TESTING .......................................................................... 558-7700 op. 4

PATERNITY TESTING (DNA DIAGNOSTICS CENTER) .................................. 800-362-2368
Information, consultation, testing

PREGNANCY TESTING

Free: Modesto Pregnancy Center ................................................................. 526-1734
3025 McHenry Ave., Ste. M, Modesto
Mon. & Wed. 11a - 5p, Tuesday & Thursday 11a - 7p
Fri. 2 - 4 p.m.

The following accept one or more of the following payments sources: cash, fee based on
income, Medi-Cal, Family P.A.C.T., or other insurances:

Cedar Family Practice ..................................................................................... 874-2345
12700 Welch Street, Waterford

Ceres Medical Office ....................................................................................... 541-2929
3109 Whitmore Avenue, Ceres
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<td>2030 Coffee Road, Modesto</td>
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<td>558-4000</td>
<td>401 Paradise Road, Bldg. E, Modesto</td>
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<td>556-5011</td>
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<td>1510 Florida Avenue, Suite #B, #F and #H Modesto</td>
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<td>.892-8441</td>
<td>200 C Street, Patterson</td>
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<td>Golden Valley Health Center</td>
<td>667-2749</td>
<td>1141 N. Olive Ave., Turlock</td>
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<td>Golden Valley Health Center (Hanshaw)</td>
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<td>574-1377</td>
<td>2101 Tenaya Dr., Modesto</td>
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<td>GVHC Corner of Hope</td>
<td>576-2849</td>
<td>1130 6th St., Modesto</td>
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<td>McHenry Medical Office</td>
<td>558-5312</td>
<td>1209 Woodrow Ave., Ste. B-10, Modesto</td>
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<td>Oak VALLEY WOMEN’S AND PRENATAL CENTER</td>
<td>848-4180</td>
<td>1420 W. ‘H’ St., Oakdale</td>
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<td>Paradise Medical Office</td>
<td>558-4000</td>
<td>401 Paradise Road, Ste. E</td>
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<td>Pathways Healthcare</td>
<td>848-8410</td>
<td>190 South Oak Avenue, Bldg.1, Suite 4, Oakdale</td>
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<td>Planned Parenthood Mar Monte</td>
<td>579-2300</td>
<td>1431 McHenry Ave., Ste. 100</td>
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<td>Walk-in testing, daily 8:30 AM – 4:30 PM</td>
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<td>Sierra Health Center</td>
<td>526-5770</td>
<td>1801 Tully Road, Suite F, Modesto</td>
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<td>Turlock Medical Office</td>
<td>664-8000</td>
<td>800 Delbon Avenue, Suite A, Turlock</td>
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TRANSPORTATION

Schedules change periodically. Call to verify printed schedule.

**BUSES:**

MAX (MODESTO AREA EXPRESS) ................................................................. 521-1274
Call for hours of operation and fares

**FIXED ROUTE SERVICES**

BLST (Turlock) ................................................................. 668-5600
Call for hours of operation and fares

CERES AREA TRANSIT ................................................................. 527-4991
Call for hours of operation and fares

ROTA TROLLEY ................................................................. 869-7444
Call for hours of operation and fares

START (STANISLAUS REGIONAL TRANSIT) ........................................ 800-262-1516
Call for hours of operation and fares

- MODESTO/RIVERBANK/OAKDALE Service: Monday - Saturday
- MODESTO/TURLOCK Service: Monday - Saturday
- MODESTO, GRAYSON, WESTLEY, PATTERSON Service: Monday - Saturday
- PATTERSON/TURLOCK Service: Monday - Saturday
- WATERFORD/OAKDALE Service: Monday - Saturday

START RUNABOUT ................................................................. 1-800-262-1516
Curb-to-Curb
By Scheduled Appt. only (called in). Call for hours of operation and fares

EASTSIDE RUNABOUT
Call for hours of operation and fares.
(for 65 & older and disabled persons)
Oakdale to Modesto (includes Riverbank) Mon. - Sat.
Modesto to Oakdale (includes Riverbank)

TURLOCK/MODESTO
Modesto to Ceres, Keyes and Turlock; Turlock to Modesto Mon. - Fri.

WATERFORD/MODESTO
Waterford to Modesto; Modesto to Waterford Fixed Route Mon. - Sat.
Call for hours of operation and fairs
DIAL-A-RIDE SERVICES

CERES DIAL-A-RIDE ................................................................. 527-4991
   Call for hours of operation and fairs

MODESTO AREA DIAL-A-RIDE .............................................. 527-4900
   ADA Certified, Disabled & Seniors Only (priority to ADA Riders)
   Call for hours of operation and fairs
   ADA certified persons must call before 5pm the day before they wish
   to ride or up to 14 days in advance. Rides requested in this way will be given
   priority over other non-ADA riders. Call at least 2hrs in advance the same day,
   but your request will be filled on a space available basis. NON-ADA disabled,
   65 or older, general public call at least 2hrs before on the day you wish to ride
   and your request will be filled on a space avail.

NEWMAN DIAL-A-RIDE .......................................................... 1-800-262-1516
   Mon. - Sat. 7am – 6pm
   Call for hours of operation and fairs

PATTERSON DIAL-A-RIDE .................................................... 1-800-262-1516
   Mon. - Sat. 7:00 AM – 6:00 PM Patterson Area Only
   Call for hours of operation and fairs

R.O.T.A. ............................................................................. 869-7444
   Minimum of 2 hours advance notice. Special needs accommodated.
   (Mon - Fri) 6am – 6pm, Sat 8am - 4:30pm
   Call for hours of operation and fairs
   Provides limited service to East Modesto (Perkos Café at Oakdale Rd & Sylvan
   Avenue by request). You can connect with MAX routes 32,37,25 and Modesto
   Dial-a-Ride. Also, you can connect with Amtrak California at the Modesto Amtrak
   Station. These are the only two stops ROTA has.

TURLOCK DIAL-A-RIDE .......................................................... 668-5600
   Mon-Fri 7:00 AM – 5:00 PM/Sat: 9:00 AM – 4:00 PM
   Seniors and disabled: Call for hours of operation and fairs
   School-age (elementary) children may ride with pass obtained
   from City Hall.

WATERFORD DIAL-A-RIDE ..................................................... 800-262-1516
   Mon-Sat 8:00 AM – 5:00 PM
   Call for hours of operation and fairs. Children under 4 years old free

SPECIAL:

BLUE CROSS .......... Member Transportation............................ 1-800-407-4627

HealthNet (MediCal) ............................................................. 1-800-675-6110
   Need to give 1 week advance notice

HUGHSON Ambulance (non-emergency) ......................... 883-2844
   Serves Stanislaus and San Joaquin counties.

MEDI-VAN ...................................................................... 1-800-262-1516
   Call for ticket information and schedule to location of medical
   appointment. Leaves Transit Center at 6:30 am Mon – Friday.
VOLUNTEERS

FOSTER GRANDPARENT and SENIOR COMPANION......(VMRC).................................1-877-855-3472
702 N. Aurora St. Stockton 95269
(209) 955-3351

H.S.A. VOLUNTEERS (STANISLAUS COUNTY)..........................................................558-7254
Service in clerical, medical/clinical and ancillary areas.

VOLUNTEER CENTER - UNITED WAY........................................................................524-1307
422 McHenry Avenue, Modesto
Directs interested parties to volunteer opportunities. 8:00 a.m. - 4:30
Monday – Friday. Call for appointment

WEB SITES

Best Health Web Sites  (Courtesy of the Main Community Health Library)
General Sites
- www.medlineplus.gov - Information selected by Health Sciences Librarians and the National Library of Medicine. A great site; it may be the only one you need.
- www.mayoclinic.com - directed by a team of Mayo Clinic physicians.
- www.healthtalk.com - Disease Education Networks. Interactive web broadcasts.
- www.nih.gov/ - A listing of the 27 National Institutes of Health
- www.fda.gov/ - Food and Drug Administration

Addiction (Drug & Alcohol)
- www.cviaa.org - AA of Modesto
- www.ncwsa.org/d18 - Alanon and Alateen
- www.stanislausvalleygroups-na.org - Narcotics Anonymous
- www.nicotine-anonymous.org - Nicotine Anonymous

Addiction (Gambling)
- www.gamblersanonymous.org - Gamblers Anonymous – Northern California
- www.ncpgambling.org - National Council On Problem Gambling
- www.calproblemgambling.org - California Council On Problem Gambling
- www.adp.ca.gov/opg/ - California Lottery Problem Gambling

Disability

Doctors
- www.medbd.ca.gov - California Medical Board
- www.ama-assn.org - American Medical Association "doctor finder"

Drugs (Medications)

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Drug Interactions
- [www.drugdigest.org](http://www.drugdigest.org) – Drug Digest. Click on "Check Interactions" on top bar.

Drugs (free or low-cost)
- [www.pparx.org](http://www.pparx.org) - Partnership for Prescription Assistance. This is a single point of access to public and private patient assistance programs.
- [www.rxassist.org](http://www.rxassist.org) – Free or low cost drugs.

Foreign Language Health Resources
- [www.library.tufts.edu/hsl/spiral](http://www.library.tufts.edu/hsl/spiral) - Tufts University provides health information in Cambodian/Khmer, Chinese, Hmong, Korean, Laotian, Thai, and Vietnamese.
- [www.healthinfotranslations.com](http://www.healthinfotranslations.com) - Three healthcare systems developed this website of medical conditions in many different languages. No copyright restrictions. An English version is shown alongside the translated version so you know exactly what information you are distributing.

Infants, Toddlers, and Adolescents
- [www.4girls.gov](http://www.4girls.gov) – National Women’s Health Information Center. The site focuses on many health topics that respond to adolescent girls’ health concerns and motivates girls to choose health behaviors using positive, supportive, and non-threatening messages.
- [www.zerotothree.org](http://www.zerotothree.org) – National Center for Infants, Toddlers, and Families.

Medicare in California
- [www.calmedicare.org](http://www.calmedicare.org) – California Health Advocates and HICAP. Accurate, unbiased information about Medicare in California.

Nursing Home Quality
- [www.calnhs.org](http://www.calnhs.org) – California Healthcare Foundation in Oakland. Great site if you're looking for nursing homes and other options. New additions are Home Health Care and Hospice ratings.

Organizations and Support Groups
- [www.lalecheleague.org](http://www.lalecheleague.org) - Breastfeeding Education and Support

Videos Online
- [www.medbroadcast.com](http://www.medbroadcast.com) – Video clips and motion graphics.

Main Community Health Library
Health Education and Conference Center
1700 McHenry Avenue, Suite 60-B
Modesto, CA 95350
(209) 523-0732
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